South Central College

ECE 2590  Introduction to Children's Mental Health

Course Outcome Summary

Course Information

Description
This course provides a deeper look at social-emotional learning experiences and the long-term effects of positive experiences. Students integrate knowledge of healthy child development, developmentally appropriate learning environments and teaching methods to promote positive emotional development, social development, self-concept, self-esteem, social skills, diversity awareness, resiliency, and attachment. (Prerequisite ECE1210 and ECE 1230)

Total Credits 3
Total Hours 48

Types of Instruction

Instruction Type Credits/Hours
Lecture 3/48

Pre/Corequisites
ECE 1210 and ECE 1230

Institutional Core Competencies

Critical and Creative Thinking - Students will be able to demonstrate purposeful thinking with the goal of using a creative process for developing and building upon ideas and/or the goal of using a critical process for the analyzing and evaluating of ideas.

Cultural Competence - Students will be able to demonstrate an attitude of personal curiosity, a rising knowledge of cultures, and an evolving range of skills for living and working among others with other worldviews and ways of life.

Course Competencies

1. Develop age appropriate activities to support healthy emotional development

   Learning Objectives
   - Describe healthy/unhealthy emotional development
   - Select emotional development learning experiences and resources that support healthy development
   - Analyze learning environments related to emotional development experiences that support healthy development
   - Describe short-term and long-term outcomes of unhealthy emotional development

2. Develop age appropriate activities to support healthy self-concept/self-esteem development
Learning Objectives
Select self-concept/self-esteem teaching learning experiences and resources that support healthy development
Describe healthy/unhealthy self-concept/self-esteem
Analyze learning environments related to self-concept/self-esteem that support healthy development
Describe short-term and long-term outcomes of unhealthy self-concept/self-esteem development

3. **Develop age appropriate activities to support healthy attachment**

   **Learning Objectives**
   Describe healthy/unhealthy attachment
   Analyze learning environments and how they relate to attachment
   Select attachment learning experiences and resources that support healthy development
   Describe short-term and long-term outcomes of unhealthy attachment

4. **Develop age appropriate activities to support healthy social skills development**

   **Learning Objectives**
   Describe healthy/unhealthy social skills
   Analyze learning environments related to social skills that support healthy development
   Select social skills learning experiences and resources that support healthy development
   Describe short-term and long-term outcomes of unhealthy social skills

5. **Develop age appropriate resiliency building activities**

   **Learning Objectives**
   Describe resiliency
   Select resiliency building learning experiences and resources that support healthy development
   Analyze learning environments related to resiliency building that support healthy development
   Describe short-term and long-term outcomes of not building resiliency

6. **Develop age appropriate activities to support healthy diversity awareness development**

   **Learning Objectives**
   Describe diversity awareness/sensitivity
   Analyze learning environment related to diversity awareness/sensitivity that support healthy development
   Select diversity awareness/sensitivity learning experiences and resources that support healthy development
   Describe the short-term and long-term outcomes of unhealthy diversity awareness/sensitivity

7. **Facilitate positive emotional development learning experiences**

   **Learning Objectives**
   Examine theories of emotional development
   Examine theories of social development
   Implement emotional development teaching strategies that support healthy development
   Evaluate emotional development learning experiences that support healthy development

8. **Facilitate positive social skills learning experiences**

   **Learning Objectives**
   Implement social skills teaching strategies that support healthy development
   Evaluate social skills learning experiences that support healthy development

9. **Facilitate resiliency learning experiences**

   **Learning Objectives**
   Evaluate resiliency building learning experiences that support healthy development
   Implement resiliency building teaching strategies that support healthy development

10. **Facilitate positive diversity awareness/sensitivity experiences**

    **Learning Objectives**
    Implement diversity awareness/sensitivity teaching strategies that support healthy development
    Evaluate diversity awareness/sensitivity learning experiences that support healthy development

11. **Facilitate healthy attachment building learning experiences**

    **Learning Objectives**
Implement attachment building teaching methods that support healthy development
Evaluate attachment building learning experiences that support healthy development

12. **Facilitate positive self-concept/self-esteem learning experiences**
   Learning Objectives
   Evaluate self-concept/self-esteem learning experiences that support healthy development
   Implement self-concept/self-esteem teaching strategies that support healthy development

13. **Explore intervention strategies related to unhealthy social/emotional development**
   Learning Objectives
   Evaluate intervention strategies
   Determine appropriate intervention strategies
   Implement appropriate intervention strategies

**SCC Accessibility Statement**
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Additional information and forms can be found at: [www.southcentral.edu/disability](http://www.southcentral.edu/disability)

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