South Central College

HLTH 1950  CPR

Course Outcome Summary

Course Information

Description
This course covers the skills of infant, child and adult single and two rescue CPR as well as relief of foreign body airway obstruction procedures for infant, child and adult. Automated external defibrillators, bag-valve-masks and pocket masks are also used. Signs and symptoms of vascular disease are discussed. This meets the current criteria of the American Heart Association guidelines.  (Prerequisites: None)

Total Credits 1
Total Hours 16

Types of Instruction

Instruction Type Credits/Hours
Lecture 1/16

Pre/Corequisites
None

Institutional Core Competencies

Communication - Students will be able to demonstrate appropriate and effective interactions with others to achieve their personal, academic, and professional objectives.

Course Competencies

1. **Operate an automated external defibrillator**
   
   Learning Objectives
   Determine need for an AED
   Apply an AED to a "patient"

2. **Perform adult, child and infant single and two rescue CPR**
   
   Learning Objectives
   Recognize cardiac arrest in an adult and perform adult CPR according to current American Heart Association standards
   Recognize cardiac arrest in a child and perform CPR on a child according to current American Heart Association standards
   Recognize cardiac arrest in infant and perform infant CPR according to current American Heart Association standards
3. Perform relief of foreign body airway obstruction for conscious and unconscious adults, children and infants
   Learning Objectives
   Recognize victim is choking
   Unobstruct victim's airway according to current American Heart Association standards

4. Demonstrate recovery position
   Learning Objectives
   Recognize when it is appropriate to employ recovery position
   Place victim in recovery position

5. Demonstrate use of bag-valve-mask and barrier devices
   Learning Objectives
   Inflate chest of manikin to see chest rise using bag-valve mask
   Inflate chest of manikin using a pocket mask

6. List signs/symptoms of heart attack and the risk factors for heart disease
   Learning Objectives
   Recite common signs/symptoms of heart attack
   Recite risk factors for heart disease

SCC Accessibility Statement
South Central College strives to make all learning experiences as accessible as possible. If you have a disability and need accommodations for access to this class, contact the Academic Support Center to request and discuss accommodations. North Mankato: Room B-132, (507) 389-7222; Faribault: Room A-116, (507) 332-7222.

Additional information and forms can be found at: www.southcentral.edu/disability

This material can be made available in alternative formats by contacting the Academic Support Center at 507-389-7222.