South Central College

NURS 1110  Foundation of Nursing

Course Outcome Summary

Course Information

Description  This course introduces the student to the basic concepts in nursing. Students will discuss the role of the LPN as it relates to the nursing process and professionalism. Communication strategies will be applied for communication techniques, standardized communication, and documentation methods. Students will discuss cultural influences in health care. Legal and ethical aspects related to nursing will be discussed. Physical comfort, safety concerns, and nutrition are identified for health promotion using evidence-based practice concepts. Physical and psychological disorders in the elderly population are explained. (Prerequisites: Acceptance into Nursing Program is required in order to register for Nursing Courses)

Total Credits  2
Total Hours  32

Types of Instruction

Instruction Type  Credits/Hours
Lecture  2/32

Pre/Corequisites

Acceptance into Nursing Program is required in order to register for Nursing Courses

Institutional Core Competencies

Civic Engagement and Social Responsibility - Students will be able to demonstrate the ability to engage in the social responsibilities expected of a community member.

Communication - Students will be able to demonstrate appropriate and effective interactions with others to achieve their personal, academic, and professional objectives.

Critical and Creative Thinking - Students will be able to demonstrate purposeful thinking with the goal of using a creative process for developing and building upon ideas and/or the goal of using a critical process for the analyzing and evaluating of ideas.

Cultural Competence - Students will be able to demonstrate an attitude of personal curiosity, a rising knowledge of cultures, and an evolving range of skills for living and working among others with other worldviews and ways of life.
Course Competencies

1. **Discuss concepts for professionalism.**
   
   **Learning Objectives**
   - Define the different roles and practice levels for the nurse.
   - Discuss the Nurse Practice Act.
   - Describe the LPN and RN scope of practices according to the Nurse Practice Act.
   - Discuss concepts for nursing practice as it relates to ethics and confidentiality (ex. American Nurses Association Code of Ethics).
   - Describe client advocacy and informed consent for advanced directives, “code status”, and organ donation.
   - Discuss concepts for nursing practice as it relates to the law.

2. **Describe the LPN scope of practice with utilization of the nursing process.**
   
   **Learning Objectives**
   - Define the five steps of the nursing process.
   - Describe focused assessment as it relates to client data collection.
   - Discuss the LPN role in the application of the nursing process.
   - Provide patient education information according to the plan of care.
   - Follow the plan of care for the client, as outlined by the registered nurse.

3. **Discuss use of evidence-based concepts to guide practice.**
   
   **Learning Objectives**
   - Describe health promotion, health maintenance, and illness prevention for client care.
   - Explain Maslow’s hierarchy of needs to client care.
   - Discuss the importance of nursing research for practice (ex. Watson’s Theory of Caring).
   - Define quality improvement in terms of promoting best practice and standard of care.

4. **Apply various communication strategies and techniques, including documentation in providing client care.**
   
   **Learning Objectives**
   - Define effective and non-effective communication techniques.
   - Identify communication needs for clients with delirium and sensory loss.
   - Discuss the process in sharing client information for referrals, transfers, and discharges.
   - Define the important aspects of standardized reporting (ex. National Safety Goals and use of SBAR format).
   - Explain various documentation methods related to clear communication for client care.

5. **Identify basic nutritional needs for health promotion.**
   
   **Learning Objectives**
   - Identify concepts of nutrition and diet therapy.
   - Identify necessary nutrients to health such as vitamins and minerals.
   - Describe the daily requirements related to proteins, carbohydrates, and fats in client’s diet.
   - Describe nutritional needs for tissue repair.

6. **Identify methods for promoting physical comfort and safety.**
   
   **Learning Objectives**
   - Explain pain theories.
   - Identify data collection for the client in pain.
   - Discuss non-pharmacological nursing interventions for the client in pain (ex. music, thermal therapy).
   - Discuss concepts of sleep and rest.
   - Identify factors that may interfere with sleep and rest.
   - Discuss safety issues associated with client care.

7. **Describe cultural influences on health and illness.**
   
   **Learning Objectives**
   - Define cultural sensitivity in the care of a client.
   - Discuss the importance of respect of cultural background and practices of client.
   - Identify adjustments in care with consideration of client cultural beliefs.
8. **Explain the aging process and implications for nursing practice.**

   **Learning Objectives**
   - Define physical and psychological alterations of the older adult.
   - Describe health resources for health promotion and maintenance in the older adult population.
   - Describe sensory/perceptual alterations in the aging adult.
   - Discuss issues of abuse and neglect in the aging adult (ex. vulnerable adult).
   - Identify client end-of-life needs including financial, fear, loss of control, and role changes.
   - Define the five stages of death and dying, grief, and loss.
   - Identify client’s ability to cope with end-of-life interventions and decisions.

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**SCC Accessibility Statement**

South Central College strives to make all learning experiences as accessible as possible. If you have a disability and need accommodations for access to this class, contact the Academic Support Center to request and discuss accommodations. North Mankato: Room B-132, (507) 389-7222; Faribault: Room A-116, (507) 332-7222.

Additional information and forms can be found at: [www.southcentral.edu/disability](http://www.southcentral.edu/disability)

This material can be made available in alternative formats by contacting the Academic Support Center at 507-389-7222.

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**Guidlines to Success- Nursing**

**Nursing - Guidelines to Success**

Each student is expected to perform the following:

1. Be responsible for own learning.

2. Actively participate in online activities and discussions.

3. Complete and turn in assignments/projects on time.

4. Participate in D2L expectations. This course utilizes the Desire 2 Learn (D2L) platform to deliver grades, communication within the class, assignments, and course content. It is expected all students will be familiar and able to utilize this technology and check it frequently for updates and course information. *This includes the expectation the home page is checked daily.*

5. Spend approximately two (2) hours minimum studying for each credit of class (ten hours per week).

6. Devote additional time for other projects assigned.

7. Contact instructor and share with classmates by using D2L Discussion: Talk with Teacher.
8. Contact instructor by email with personal questions or concerns.

9. Submit all written work on time, via D2L Dropbox. Make sure work is professional in appearance with accurate spelling and grammar. APA formatting will be expected (cover page, citation within body of paper, and reference page). Helpful information for APA formatting is available under course content.

10. Understand and utilize the rubrics provided for all written work assigned.

11. Act in a professional manner during class and in meetings with instructor. Refer to the Student Professional Expectation Guideline in the South Central Student Handbook.


13. Recognize fellow classmate as part of the classroom team. Please note the importance of every single person on the team in the mastery of this course.

Desire to Learn or D2L- Nursing

Nursing - Desire to Learn or D2L
Students are expected to know how to access and use the D2L site for this course. This includes but is not limited to the drop box, discussions, e-mail functions, and grade book. Communication will occur through this route. You are to check D2L several times each week to read announcements and requirements.

Technology Expectations- Nursing

Nursing - Technology Expectations

You will need access to a computer for this course. This may be through your personal home computer, a public library, or the school computer lab. Required software includes the following:

1. Adobe Acrobat Reader

2. Microsoft Word (version 2003 or later)

3. Not only are you required to have access to these software programs and platforms, you are expected to know the basic functions of their use. “I don’t know or didn’t know how” are not valid excuses for incomplete or late assignments. If you don’t know something, it is expected you seek out the information required of you to complete the assignment. Additional information and instruction about D2L can be accessed through the SCC website.

4. Directions for Microsoft Word can be found by clicking on help within the program, utilizing help sheets in the college library, or access the Microsoft website directly at www.microsoft.com.

5. If you don’t have Microsoft on your computer, strongly consider purchasing this program through SCC. The student version is quite affordable and includes all aspects of the program.
6. Atomic Learning is a D2L site with a wide array of tutorials.

7. Openoffice.org is available as a substitute for Microsoft; it is easy to use, and free. It is the leading open source office software suite for word processing, spreadsheets, presentations, graphics, and more. It can be downloaded and used completely free of charge for any purpose. It will allow you to submit your papers in a format acceptable for this class!

**Communication- Nursing**

Positive, direct and timely communication is expected.

Use of messaging by e-mail is encouraged.

Only southcentral.edu e-mail addresses will be used.

E-mail will be answered as timely as possible. No response should be expected until the following day if message is received after 6pm.

E-mail will not be routinely responded to over the weekend.

E-mail received Friday after 3pm has no guarantee of response until Monday, after class.

Instructor is known to be on the computer after 8pm, do not assume communication will be guaranteed.

E-mail etiquette is expected. The following rules should be utilized:

Include a brief entry in the Subject line.

In the Subject line, include either “response requested” or “no response needed”.

Never send a message when angry or emotionally upset.

Re-read the message before sending to make sure content is appropriate and professional.

E-mail messages will be returned with “Inappropriate message” in the Subject line when the above is not followed.

Include your first and last name when signing off.

**SCC Email- Nursing**

_Nursing - SCC Email_

Students are responsible for checking their South Central College email. If instructors need to contact students that is how we will do it. We cannot use other e-mail addresses for privacy reasons. If there is another email that you check
more often, arrange for SCC messages to be forwarded to that email account.

**Academic Honesty- Nursing**

*Nursing - Academic Honesty*

Academic honesty is a core principle of learning and scholarship. When you violate this principle, you cheat yourself of the confidence that comes from knowing you have mastered the targeted skills and knowledge. You also hurt all members of the learning community by falsely presenting yourself as having command of competencies with which you are credited, thus degrading the credibility of the college, the program, and your fellow learners who hold the same credential.

All members of the learning community share an interest in protecting the value, integrity, and credibility of the outcomes of this learning experience. We also have the responsibility to censor behaviors that interfere with this effort. The following behaviors will be subject to disciplinary action:

*Plagiarism* - presenting someone else's words, ideas, or data as your own work.

*Fabrication* - using invented information or the falsifying research or other findings.

*Cheating* - misleading others to believe you have mastered competencies or other learning outcomes that you have not mastered. Examples include, but are not limited to:

1. Copying from another learner's work.
2. Allowing another learner to copy from your work.
3. Using resource materials or information to complete an assessment without permission from your instructor.
4. Collaborating on an assessment (graded assignment or test) without permission from the instructor.
5. Taking a test for someone else or permitting someone else to take a test for you.

*Academic Misconduct* - other academically dishonest acts such as tampering with grades, taking part in obtaining or distributing any part of an assessment, or selling or buying products such as papers, research, projects or other artifacts that document achievement of learning outcomes.

**Grading Scale- Nursing**

*Nursing - Grading Scale*

All grading will be based on a percentage of the total points possible (points earned by the student, divided by total points possible). Percentages will not be rounded up. The grade percentage will be translated to a letter grade on the following scale: A = 100% - 94%; B = 93% - 87%; C = 86% - 80%; 79% or below = F.

The D2L Course Gradebook automatically calculates total earned points/percentages for midterm and final grades. In order for this course to meet the program requirements for nursing a final grade point average of 80% or greater must be achieved in order to pass this course. Students are responsible for keeping a record of their total points earned and percentages so they will be aware of their academic standing.

**Late or Missed Assignments- Nursing**
**Nursing - Late or Missed Assignments**

Late papers and/or assignments will result in **five percent (5%)** of the total points being deducted for each day that the paper/assignment is late (weekend included). Submitting assignments late in the D2L Dropbox may require contacting the instructor first to re-open the Dropbox for submissions, or submission via e-mail. Students should retain a copy of the paper/assignment for their records.

There may be unscheduled quizzes or classroom activities which provide the opportunity to earn points. If you are not present in class (and have not contacted the instructor prior to the start of class) there will not be any make up offered. Any extra credit points will only affect the student's points earned when the student's overall percentage at the end of the course is 80% or above.

**Withdrawing from the Course- Nursing**

**Nursing - Withdrawing from the Course**

A student may withdraw from the course until the 60th day of the term or until 75% of the course has been held and will be shown as a "W" on the student's transcript. After that point, withdrawals will not be allowed and students will be graded according to their performance.

It is the student's responsibility for completing the withdrawal form and turning it in to the Registration Office by the date specified in the student handbook. For a full refund, a student must withdraw from a course within the first 5 days of the semester. See the student handbook for specifics on the refund policy.

**Late or Missed Exams- Nursing**

**Nursing - Late or Missed Exams**

If a student is absent on the date of the scheduled exam, the student may make up the exam; however, the student will automatically lose **five percent (5%)** of the total earned points possible. The makeup exam will be administered on make-up days determined by the instructor. The make-up days will be scheduled at midterm and the week of finals. Any exam missed prior to midterm must be made up on the make-up day at midterm. Any exam missed after midterm must be made up on the make-up day during the week of finals. If the make-up exam is not completed on the assigned day it will result in zero points for that particular exam. It is the responsibility of the student to inquire what score was earned on the make-up exam (a few days after taking the exam).

**SCC Handbooks- Nursing**

**Nursing - SCC Handbooks**

Refer to the information and policies in the current SCC Catalog and Nursing Handbooks. You are a member of our SCC learning community and are responsible for knowing and following these requirements. The Nursing Handbook can be found at [http://southcentral.edu/nursing/nursing-handbook.html](http://southcentral.edu/nursing/nursing-handbook.html), SCC College policies are at [http://southcentral.edu/academic-policies/academic-dishonesty.html](http://southcentral.edu/academic-policies/academic-dishonesty.html)
Student Contributions and Professionalism - Nursing

Nursing - Student Contributions and Professionalism

1. Actively participate in clinical activities and discussions.
2. Identify and work with clinical partner(s) when assigned.
3. Complete preparatory paperwork and research prior to assigned clinical.
4. Complete and submit assignments and projects on time.
5. Utilize D2L for course information, forms and materials, grades, etc.
6. Spend at least two (2) hours preparing for each clinical, and completing paperwork each week.
7. Submit all written work neat and professional in appearance with accurate spelling and grammar.

Student Feedback - Nursing

Nursing - Student Feedback

Students are encouraged to give feedback that will serve to improve the nursing curriculum. Feedback must be given in a constructive manner and a possible solution or resolution must be offered.

1. Discuss issue with current instructor offering a possible solution
2. Call or e-mail your instructor to schedule a date and time for meeting
3. Present possible solution and feedback to nursing faculty in writing before scheduled meeting
4. Present possible solution and feedback to nursing faculty verbally at appointed meeting.
5. Work with your student representative to provide constructive feedback to the nursing faculty at faculty meetings.

Campus Closing - Nursing

Nursing - Campus Closings

If it is determined by the college administration or the governor that emergency conditions have developed which change the college’s normal operating times, an announcement will be made via radio and television broadcasts over the following stations: KTOE (AM 1230), KEEZ (FM 99.1), KXLP (FM 93), KNUJ (AM 860), KDOG (FM 96.7), KSTP (channel 5), KEYC-TV (channel 12), KDHL (AM 920), KQLC (FM 95.9), and WCCO (AM 830). Please note that the closing may be specific to facility, South Central College - North Mankato or Faribault.

We recommend that you register for the Star Alert system so you will know if the college closes. Directions can be
In an emergency, Star Alert will send a text message to the cell number(s) and/or e-mail address(es) you provide. Notifications identified as "Star Alert" messages will note the nature of the emergency, what action, if any, you are to take, and where to find more information. Star Alert also will let you know if campus is closed or if classes are delayed or cancelled.

found at http://southcentral.edu/campus-security/star-alert.html