South Central College

NURS 1175  Nursing Interventions

Course Outcome Summary

Course Information

Description  This course provides students the opportunity to learn nursing procedures in a simulated supervised lab setting. Basic comfort and safety devices will be demonstrated. Body systems are reviewed with an emphasis on the neurological, respiratory, gastrointestinal and genitourinary systems. Infection control theories and infection preventative measures will be described. Demonstration of interventions and use of devices related to asepsis, oxygenation, and elimination will be achieved. Introduction to common conditions associated with assessments and interventions will be explored. Concepts for care of the elderly will be applied. Critical thinking and medical terminology are threaded throughout the course. Students will be required to demonstrate skills learned in the laboratory setting. (Prerequisites: Acceptance into Nursing Program is required in order to register for Nursing Courses)

Total Credits  3
Total Hours  96

Types of Instruction

<table>
<thead>
<tr>
<th>Instruction Type</th>
<th>Credits/Hours</th>
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<tbody>
<tr>
<td>Laboratory</td>
<td>3/96</td>
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Pre/Corequisites

Acceptance into Nursing Program is required in order to register for Nursing Courses

Institutional Core Competencies

Civic Engagement and Social Responsibility - Students will be able to demonstrate the ability to engage in the social responsibilities expected of a community member.

Communication - Students will be able to demonstrate appropriate and effective interactions with others to achieve their personal, academic, and professional objectives.

Critical and Creative Thinking - Students will be able to demonstrate purposeful thinking with the goal of using a creative process for developing and building upon ideas and/or the goal of using a critical process for the analyzing and evaluating of ideas.

Cultural Competence - Students will be able to demonstrate an attitude of personal curiosity, a rising knowledge of cultures, and an evolving range of skills for living and working among others with other worldviews and ways
Course Competencies

1. **Demonstrate actions to promote basic care and comfort.**
   
   **Learning Objectives**
   
   - Identify appropriate use of assistive devices for safe client mobility.
   - Describe non-pharmacological methods to promote comfort (ex. thermal therapies, repositioning).
   - Discuss dietary adjustments for various client situations (ex. aspiration prevention).
   - Describe promotion of bowel and bladder function in terms of life-style choices (ex. fluid and fiber intake).
   - Determine client ability to perform Activities of Daily Living (ADL).

2. **Demonstrate safe use of devices and body mechanics when caring for clients.**
   
   **Learning Objectives**
   
   - Identify safety hazards in the client care environment including safe equipment and home safety.
   - Demonstrate understanding of ergonomic principles with client mobility.
   - Describe appropriate application of least restrictive restraints and other devices for client safety.
   - Demonstrate safe client handling and body positioning.

3. **Demonstrate universal precautions.**
   
   **Learning Objectives**
   
   - Discuss infection control theories (ex. chain of infection).
   - Demonstrate correct hand hygiene technique.
   - Identify nursing situations requiring standard and transmission-based precautions.
   - Demonstrate correct technique to apply and remove gloves, mask, gown and protective eye wear.

4. **Demonstrate proficiency in procedures involving medical asepsis.**
   
   **Learning Objectives**
   
   - Define various therapies and procedures with rationale to support client need.
   - Demonstrate correct application of bandages/binders.
   - Demonstrate correct application of various oxygen devices and therapy.
   - Describe basic respiratory care procedures.
   - Discuss chest physiotherapy techniques.
   - Explain techniques for nasogastric tube insertion and irrigation.
   - Discuss enteral tube/enteral feedings risks and benefits.
   - Demonstrate enema administration.
   - Demonstrate specimen collections.
   - Demonstrate urinary catheter irrigation and removal.
   - Discuss commonly seen medical surgical conditions in which medical asepsis is used (ex. asthma, strokes).

5. **Demonstrate proficiency in procedures involving surgical asepsis.**
   
   **Learning Objectives**
   
   - Demonstrate correct application of sterile gloves.
   - Apply sterile dressings.
   - Perform sterile irrigation of wounds.
   - Demonstrate oropharyngeal suctioning.
   - Demonstrate tracheostomy suctioning and cares.
   - Demonstrate urinary catheterization procedure.
   - Discuss commonly seen medical surgical conditions in which surgical asepsis is used.

6. **Exhibit professional behaviors required for laboratory experience.**
   
   **Learning Objectives**
   
   - Use proper medical terminology during laboratory skill test out.
   - Identify information necessary to document nursing procedures.
   - Explain procedure to patient prior to nursing care.
   - Provide privacy prior to nursing procedure.
   - Demonstrates punctuality in classroom and laboratory.
Prepare prior to return demonstration/lab test out.
Use reliable resources necessary to perform nursing procedures.

7. **Demonstrate professional communication as a caregiver and health care team member.**

   **Learning Objectives**
   - Discuss roles and responsibilities within the health care team.
   - Use respectful language skills when communicating with others in providing client care.
   - Identify barriers for effective communication for clients and within the health care team.
   - Assist in client education for health promotion and prevention.
   - Practice using standardized reporting for sharing client information.
   - Discuss process for reporting practice errors (ex. client fall).

8. **Use appropriate methods to collect data for body systems or applied skills.**

   **Learning Objectives**
   - Obtain vital signs accurately with variety of equipment.
   - Recall methods for pain assessment.
   - Define lesions, wound types, and phases of healing.
   - Collect data for health history.
   - Recall normal body system functions.
   - Identify focused assessment for various client situations and norms.
   - Demonstrate data collection of the respiratory system.
   - Demonstrate data collection of the cardiovascular system.
   - Demonstrate data collection of the gastrointestinal system.
   - Demonstrate data collection of the genitourinary system.
   - Demonstrate data collection of the integumentary system.
   - Demonstrate data collection of the neurological system.

9. **Discuss the care that meets the needs of the geriatric client.**

   **Learning Objectives**
   - Explain care and resources for health promotion and maintenance.
   - Identify nursing interventions that apply to a deceased patient.
   - Identify appropriate interactions with family and physician after death occurs.
   - Discuss findings for expected changes to client body systems with the aging process.
   - Discuss ways to promote client rights and decision-making.

10. **Demonstrate the use of information technology to accurately document skills performed in lab**

    **Learning Objectives**
    - Describe different components of a health record.
    - Discuss value of electronic charting (ex. accuracy, less reliance on memory, and quality improvement).
    - Document skills performed accurately in designated electronic health record system.
    - Use electronic health record system effectively.

**SCC Accessibility Statement**

South Central College strives to make all learning experiences as accessible as possible. If you have a disability and need accommodations for access to this class, contact the Academic Support Center to request and discuss accommodations. North Mankato: Room B-132, (507) 389-7222; Faribault: Room A-116, (507) 332-7222.

Additional information and forms can be found at: [www.southcentral.edu/disability](http://www.southcentral.edu/disability)

This material can be made available in alternative formats by contacting the Academic Support Center at 507-389-7222.
Guidlines to Success - Nursing

Nursing - Guidelines to Success

Each student is expected to perform the following:

1. Be responsible for own learning.

2. Actively participate in online activities and discussions.

3. Complete and turn in assignments/projects on time.

4. Participate in D2L expectations. This course utilizes the Desire 2 Learn (D2L) platform to deliver grades, communication within the class, assignments, and course content. It is expected all students will be familiar and able to utilize this technology and check it frequently for updates and course information. This includes the expectation the home page is checked daily.

5. Spend approximately two (2) hours minimum studying for each credit of class (ten hours per week).

6. Devote additional time for other projects assigned.

7. Contact instructor and share with classmates by using D2L Discussion: Talk with Teacher.

8. Contact instructor by email with personal questions or concerns.

9. Submit all written work on time, via D2L Dropbox. Make sure work is professional in appearance with accurate spelling and grammar. APA formatting will be expected (cover page, citation within body of paper, and reference page). Helpful information for APA formatting is available under course content.

10. Understand and utilize the rubrics provided for all written work assigned.

11. Act in a professional manner during class and in meetings with instructor. Refer to the Student Professional Expectation Guideline in the South Central Student Handbook.


13. Recognize fellow classmate as part of the classroom team. Please note the importance of every single person on the team in the mastery of this course.

Academic Honesty- Nursing

Nursing - Academic Honesty

Academic honesty is a core principle of learning and scholarship. When you violate this principle, you cheat yourself of the confidence that comes from knowing you have mastered the targeted skills and knowledge. You also hurt all members of the learning community by falsely presenting yourself as having command of competencies with which
you are credited, thus degrading the credibility of the college, the program, and your fellow learners who hold the same credential. All members of the learning community share an interest in protecting the value, integrity, and credibility of the outcomes of this learning experience. We also have the responsibility to censor behaviors that interfere with this effort. The following behaviors will be subject to disciplinary action:

**Plagiarism** - presenting someone else’s words, ideas, or data as your own work.
**Fabrication** - using invented information or the falsifying research or other findings.
**Cheating** - misleading others to believe you have mastered competencies or other learning outcomes that you have not mastered. Examples include, but are not limited to:

1. Copying from another learner’s work.
2. Allowing another learner to copy from your work.
3. Using resource materials or information to complete an assessment without permission from your instructor.
4. Collaborating on an assessment (graded assignment or test) without permission from the instructor.
5. Taking a test for someone else or permitting someone else to take a test for you.

**Academic Misconduct** - other academically dishonest acts such as tampering with grades, taking part in obtaining or distributing any part of an assessment, or selling or buying products such as papers, research, projects or other artifacts that document achievement of learning outcomes.

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**Technology Expectations - Nursing**

**Nursing - Technology Expectations**

You will need access to a computer for this course. This may be through your personal home computer, a public library, or the school computer lab. Required software includes the following:

1. Adobe Acrobat Reader
2. Microsoft Word (version 2003 or later)

3. Not only are you required to have access to these software programs and platforms, you are expected to know the basic functions of their use. “I don’t know or didn’t know how” are not valid excuses for incomplete or late assignments. If you don’t know something, it is expected you seek out the information required of you to complete the assignment. Additional information and instruction about D2L can be accessed through the SCC website.

4. Directions for Microsoft Word can be found by clicking on help within the program, utilizing help sheets in the college library, or access the Microsoft website directly at [www.microsoft.com](http://www.microsoft.com).

5. If you don’t have Microsoft on your computer, strongly consider purchasing this program through SCC. The student version is quite affordable and includes all aspects of the program.

6. Atomic Learning is a D2L site with a wide array of tutorials.

7. [Openoffice.org](http://www.openoffice.org) is available as a substitute for Microsoft; it is easy to use, and free. It is the leading open source
office software suite for word processing, spreadsheets, presentations, graphics, and more. It can be downloaded and used completely free of charge for any purpose. It will allow you to submit your papers in a format acceptable for this class!

**Desire to Learn or D2L- Nursing**

**Nursing - Desire to Learn or D2L**

Students are expected to know how to access and use the D2L site for this course. This includes but is not limited to the drop box, discussions, e-mail functions, and grade book. Communication will occur through this route. You are to check D2L several times each week to read announcements and requirements.

**Exposure to Hazardous Materials- Nursing**

**Exposure to Hazardous Materials**

In this course you will be exposed to biohazard waste during your clinical experience. Students are required to participate in facility Blood Borne Pathogen training during orientation and to follow all facility policies and procedures regarding handling and exposure to biohazard waste.

**Attendance- Nursing Lab**

**Nursing Attendance – lab courses**

There is a strong correlation between classroom attendance and the learning process. Attendance is crucial. Important course materials will be presented every day and students are expected to attend all scheduled classes. It is understood that some days you cannot attend class. Absences must be phoned in to the instructor and follow up done according to program guidelines. Failure to notify the instructor prior to the class session may result in the subtraction of five points per absence from the student's total points earned. It is the student's responsibility to obtain assignments, class notes, and other information regarding classes missed from other students in the class. (This includes announcements of test dates and project completion dates.) It is not your instructor's responsibility to inform you of what you missed in class.

Class will start promptly on the hour and arriving late to class is disruptive and disrespectful. If attendance has already been taken, it is your responsibility to check with the instructor after class to make corrections on the attendance roster.

Disruptive behavior will not be tolerated in class. Children are not permitted in class. **Cell phones, pagers, etc. must be placed in silent mode and not accessed during class.** The instructor reserves the right to request your departure from class if your behavior is disruptive to the classroom. Please review the information related to academic standards in your South Central College Student Handbook and your Nursing Handbook.

**Communication- Nursing**

Positive, direct and timely communication is expected.
Use of messaging by e-mail is encouraged.

Only southcentral.edu e-mail addresses will be used.

E-mail will be answered as timely as possible. No response should be expected until the following day if message is received after 6pm.

E-mail will not be routinely responded to over the weekend.

E-mail received Friday after 3pm has no guarantee of response until Monday, after class.

Instructor is known to be on the computer after 8pm, do not assume communication will be guaranteed.

E-mail etiquette is expected. The following rules should be utilized:

1. Include a brief entry in the Subject line.
2. In the Subject line, include either “response requested” or “no response needed”.
3. Never send a message when angry or emotionally upset.
4. Re-read the message before sending to make sure content is appropriate and professional.
5. E-mail messages will be returned with “Inappropriate message” in the Subject line when the above is not followed.
6. Include your first and last name when signing off.

**Grading Scale- Nursing**

**Nursing - Grading Scale**

All grading will be based on a percentage of the total points possible (points earned by the student, divided by total points possible). Percentages will not be rounded up. The grade percentage will be translated to a letter grade on the following scale: A =100 %- 94%, B = 93%- 87%; C = 86%- 80%; 79% or below = F.

The D2L Course Gradebook automatically calculates total earned points/percentages for midterm and final grades. In order for this course to meet the program requirements for nursing a final grade point average of 80% or greater must be achieved in order to pass this course. Students are responsible for keeping a record of their total points earned and percentages so they will be aware of their academic standing.

**Skills (Labs only)- Nursing**

**Nursing - Skills (Labs only)**

The skills must be passed by a minimum score of 80% or pass/fail as assigned. If the skill is not successfully passed on the first attempt, the student does have a second opportunity to attempt the skills. If the skill has points attached to it
the highest score possible on the second attempt is 80%. However, if the student does not pass the skill on the second attempt, whether points are assigned or it is a pass/fail, they will fail this course. This will require that the student withdraw from the course or receive a failing grade.

Late or Missed Assignments- Nursing

Nursing - Late or Missed Assignments
Late papers and/or assignments will result in five percent (5%) of the total points being deducted for each day that the paper/assignment is late (weekend included). Submitting assignments late in the D2L Dropbox may require contacting the instructor first to re-open the Dropbox for submissions, or submission via e-mail. Students should retain a copy of the paper/assignment for their records.

There may be unscheduled quizzes or classroom activities which provide the opportunity to earn points. If you are not present in class (and have not contacted the instructor prior to the start of class) there will not be any make up offered. Any extra credit points will only affect the student's points earned when the student's overall percentage at the end of the course is 80% or above.

Late or Missed Exams- Nursing

Nursing - Late or Missed Exams
If a student is absent on the date of the scheduled exam, the student may make up the exam; however, the student will automatically lose five percent (5%) of the total earned points possible. The makeup exam will be administered on make-up days determined by the instructor. The make-up days will be scheduled at midterm and the week of finals. Any exam missed prior to midterm must be made up on the make-up day at midterm. Any exam missed after midterm must be made up on the make-up day during the week of finals. If the make-up exam is not completed on the assigned day it will result in zero points for that particular exam. It is the responsibility of the student to inquire what score was earned on the make-up exam (a few days after taking the exam).

SCC Handbooks- Nursing

Nursing - SCC Handbooks
Refer to the information and policies in the current SCC Catalog and Nursing Handbooks. You are a member of our SCC learning community and are responsible for knowing and following these requirements. The Nursing Handbook can be found at http://southcentral.edu/nursing/nursing-handbook.html, SCC College policies are at http://southcentral.edu/academic-policies/academic-dishonesty.html

Student Contributions and Professionalism- Nursing

Nursing - Student Contributions and Professionalism
1. Actively participate in clinical activities and discussions.
2. Identify and work with clinical partner(s) when assigned.
3. Complete preparatory paperwork and research prior to assigned clinical.
4. Complete and submit assignments and projects on time.
5. Utilize D2L for course information, forms and materials, grades, etc.
6. Spend at least two (2) hours preparing for each clinical, and completing paperwork each week.
7. Submit all written work neat and professional in appearance with accurate spelling and grammar.

**Student Feedback- Nursing**

**Nursing - Student Feedback**

Students are encouraged to give feedback that will serve to improve the nursing curriculum. Feedback must be given in a constructive manner and a possible solution or resolution must be offered.

1. Discuss issue with current instructor offering a possible solution
2. Call or e-mail your instructor to schedule a date and time for meeting
3. Present possible solution and feedback to nursing faculty in writing before scheduled meeting
4. Present possible solution and feedback to nursing faculty verbally at appointed meeting.
5. Work with your student representative to provide constructive feedback to the nursing faculty at faculty meetings.

**Campus Closing- Nursing**

**Nursing - Campus Closings**

If it is determined by the college administration or the governor that emergency conditions have developed which change the college's normal operating times, an announcement will be made via radio and television broadcasts over the following stations: KTOE (AM 1230), KEEZ (FM 99.1), KXLP (FM 93), KNUJ (AM 860), KDOG (FM 96.7), KSTP (channel 5), KEYC-TV (channel 12), KDHL (AM 920), KQLC (FM 95.9), and WCCO (AM 830). Please note that the closing may be specific to facility, South Central College - North Mankato or Faribault.

We recommend that you register for the Star Alert system so you will know if the college closes. Directions can be found at [http://southcentral.edu/campus-security/star-alert.html](http://southcentral.edu/campus-security/star-alert.html)

In an emergency, Star Alert will send a text message to the cell number(s) and/or e-mail address(es) you provide. Notifications identified as "Star Alert" messages will note the nature of the emergency, what action, if any, you are to take, and where to find more information. Star Alert also will let you know if campus is closed or if classes are delayed.