South Central College

NURS 1610  Psychosocial Nursing

Course Outcome Summary

Course Information

Description  This course introduces students to concepts in mental health and mental illness. The impact of culture and value systems on mental health is identified. Treatments discussed include medication and behavior therapy, crisis intervention, and group therapy. Appropriate nursing interventions for clients exhibiting maladaptive behaviors will be discussed. Clinical experience is included to reinforce theoretical concepts and quality client care. (Prerequisites: Successfully complete all Semester 1 Courses in order to advance to Semester 2 Courses)

Total Credits  2
Total Hours  40

Types of Instruction

<table>
<thead>
<tr>
<th>Instruction Type</th>
<th>Credits/Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lecture</td>
<td>1.5 Credits / 24 Hours</td>
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<tr>
<td>Laboratory/Clinical</td>
<td>0.5 Credits / 16 Hours</td>
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Pre/Corequisites

Successfully complete all Semester 1 Courses in order to advance to Semester 2 Courses

Course Competencies

1. Discover the role and responsibilities of mental health/psychiatric nurses to other areas of nursing.

   Learning Objectives
   - Identify major trends in mental health nursing and settings for treatment.
   - Describe the standards of practice of psychiatric and mental health nursing.
   - Discuss legal issues that may arise during mental health treatment (e.g., patient's right to receive treatment, patient's right to refuse treatment, and patient's right to informed consent).
   - Determine the role of the LPN during the mental health clinical experience.

2. Explore factors that can affect mental health and mental illness.

   Learning Objectives
   - Identify the mental health continuum.
   - Discuss factors influencing mental health.
Discuss how age, ethnicity, gender, education, culture, and belief system can affect developing, experiencing, and recovering from psychiatric disorders.

3. **Examine a variety of mental health disorders.**

   **Learning Objectives**
   - Describe client appearance, thought processes, and psychomotor behavior (e.g., depression, anxiety, physical abuse, chemical abuse).
   - Discuss behaviors of client with personality disorders.
   - Describe risk factors for suicidal thinking.
   - Describe the progression of symptoms of schizophrenia.
   - Discuss reporting of pertinent client behaviors or statements.

4. **Examine principles of psychotherapy theories and treatment.**

   **Learning Objectives**
   - Explain the use of theories of personality development as a basis for current psychotherapy.
   - Discuss group and individual therapy as a method for coping and making behavior changes.
   - Discuss nursing management in human abuse/violence situations.
   - Describe common psychotropic drugs and effects for individual therapy.
   - Discuss education materials for behavioral disorders.

5. **Determine mental health community resources.**

   **Learning Objectives**
   - Identify community resources for the chronically and/or homeless mentally ill.
   - Discuss barriers to mental health treatment in the community setting.
   - Discuss the continuum of psychiatric care from the acute care setting to the community setting.

6. **Apply concepts for therapeutic communication while maintaining confidentiality for clients experiencing a mental health disorder.**

   **Learning Objectives**
   - Provide client privacy and maintain client confidentiality.
   - Describe the goals of the therapeutic nurse-client relationship (e.g., setting boundaries, effective communication, awareness of nurse-patient relationship).
   - Recognize signs and symptoms of effective and ineffective coping.
   - Identify factors that can interfere with the nurse’s ability to develop a therapeutic relationship with a client experiencing a mental health disorder.
   - Describe ways to assist client with achieving self-control of behavior (e.g., contract, behavior modification).

7. **Relate factors that support quality of care for the client with mental illness.**

   **Learning Objectives**
   - Identify areas for improvement during the mental health clinical experience.
   - Describe reliable resources that support treatment for the client with mental disorders.
   - Discuss the ramifications associated with accurate documentation of observations, interventions, and client response.

**SCC Accessibility Statement**

South Central College strives to make all learning experiences as accessible as possible. If you have a disability and need accommodations for access to this class, contact the Academic Support Center to request and discuss accommodations.


Additional information and forms can be found at: [www.southcentral.edu/disability](http://www.southcentral.edu/disability)

This material can be made available in alternative formats by contacting the Academic Support Center at 507-389-7222.
Academic Honesty- Nursing

Nursing - Academic Honesty
Academic honesty is a core principle of learning and scholarship. When you violate this principle, you cheat yourself of the confidence that comes from knowing you have mastered the targeted skills and knowledge. You also hurt all members of the learning community by falsely presenting yourself as having command of competencies with which you are credited, thus degrading the credibility of the college, the program, and your fellow learners who hold the same credential.
All members of the learning community share an interest in protecting the value, integrity, and credibility of the outcomes of this learning experience. We also have the responsibility to censor behaviors that interfere with this effort. The following behaviors will be subject to disciplinary action:

Plagiarism - presenting someone else's words, ideas, or data as your own work.
Fabrication - using invented information or the falsifying research or other findings.
Cheating - misleading others to believe you have mastered competencies or other learning outcomes that you have not mastered. Examples include, but are not limited to:

1. Copying from another learner's work.
2. Allowing another learner to copy from your work.
3. Using resource materials or information to complete an assessment without permission from your instructor.
4. Collaborating on an assessment (graded assignment or test) without permission from the instructor.
5. Taking a test for someone else or permitting someone else to take a test for you.

Academic Misconduct - other academically dishonest acts such as tampering with grades, taking part in obtaining or distributing any part of an assessment, or selling or buying products such as papers, research, projects or other artifacts that document achievement of learning outcomes.

Desire to Learn or D2L- Nursing

Nursing - Desire to Learn or D2L
Students are expected to know how to access and use the D2L site for this course. This includes but is not limited to the drop box, discussions, e-mail functions, and grade book. Communication will occur through this route. You are to check D2L several times each week to read announcements and requirements.

Guidlines to Success- Nursing

Nursing - Guidelines to Success

Each student is expected to perform the following:

1. Be responsible for own learning.
2. Actively participate in online activities and discussions.
3. Complete and turn in assignments/projects on time.
4. Participate in D2L expectations. This course utilizes the Desire 2 Learn (D2L) platform to deliver grades, communication within the class, assignments, and course content. It is expected all students will be familiar and able to utilize this technology and check it frequently for updates and course information. *This includes the expectation the home page is checked daily.*

5. Spend approximately two (2) hours minimum studying for each credit of class (ten hours per week).

6. Devote additional time for other projects assigned.

7. Contact instructor and share with classmates by using D2L Discussion: Talk with Teacher.

8. Contact instructor by email with personal questions or concerns.

9. Submit all written work on time, via D2L Dropbox. Make sure work is professional in appearance with accurate spelling and grammar. APA formatting will be expected (cover page, citation within body of paper, and reference page). Helpful information for APA formatting is available under course content.

10. Understand and utilize the rubrics provided for all written work assigned.

11. Act in a professional manner during class and in meetings with instructor. Refer to the Student Professional Expectation Guideline in the South Central Student Handbook.


13. Recognize fellow classmate as part of the classroom team. Please note the importance of every single person on the team in the mastery of this course.

**SCC Email- Nursing**

**Nursing - SCC Email**

Students are responsible for checking their South Central College email. If instructors need to contact students that is how we will do it. We cannot use other e-mail addresses for privacy reasons. If there is another email that you check more often, arrange for SCC messages to be forwarded to that email account.

**Communication- Nursing**

Positive, direct and timely communication is expected.

Use of messaging by e-mail is encouraged.

Only southcentral.edu e-mail addresses will be used.

E-mail will be answered as timely as possible. No response should be expected until the following day if message is
received after 6pm.

E-mail will not be routinely responded to over the weekend.

E-mail received Friday after 3pm has no guarantee of response until Monday, after class.

Instructor is known to be on the computer after 8pm, do not assume communication will be guaranteed.

E-mail etiquette is expected. The following rules should be utilized:

1. Include a brief entry in the Subject line.
2. In the Subject line, include either “response requested” or “no response needed”.
3. Never send a message when angry or emotionally upset.
4. Re-read the message before sending to make sure content is appropriate and professional.
5. E-mail messages will be returned with “Inappropriate message” in the Subject line when the above is not followed.
6. Include your first and last name when signing off.

Course Evaluation- Nursing

Nursing - Course Evaluation

Course evaluation will be based on computer examinations, class assignments, participation, rubric expectations, and D2L requirements.

Instructor reserves the right to change evaluation tools and outlines in D2L used for grading.

Grading will be based on percentage of the total points possible.

Students will be given advanced notice of dates for exams and assignments.

Unscheduled quizzes and/or activities may be introduced at any time during the semester.

It is the student’s responsibility to keep track of point postings in D2L.

Grading Scale- Nursing

Nursing - Grading Scale

All grading will be based on a percentage of the total points possible (points earned by the student, divided by total points possible). Percentages will not be rounded up. The grade percentage will be translated to a letter grade on the
following scale: A = 100% - 94%, B = 93% - 87%; C = 86% - 80%; 79% or below = F.

The D2L Course Gradebook automatically calculates total earned points/percentages for midterm and final grades. In order for this course to meet the program requirements for nursing a final grade point average of 80% or greater must be achieved in order to pass this course. Students are responsible for keeping a record of their total points earned and percentages so they will be aware of their academic standing.

Exposure to Hazardous Materials - Nursing

Exposure to Hazardous Materials

In this course you will be exposed to biohazard waste during your clinical experience. Students are required to participate in facility Blood Borne Pathogen training during orientation and to follow all facility policies and procedures regarding handling and exposure to biohazard waste.

Late or Missed Exams - Nursing

Late or Missed Exams

If a student is absent on the date of the scheduled exam, the student may make up the exam; however, the student will automatically lose **five percent (5%)** of the total earned points possible. The makeup exam will be administered on make-up days determined by the instructor. The make-up days will be scheduled at midterm and the week of finals. Any exam missed prior to midterm must be made up on the make-up day at midterm. Any exam missed after midterm must be made up on the make-up day during the week of finals. If the make-up exam is not completed on the assigned day it will result in zero points for that particular exam. It is the responsibility of the student to inquire what score was earned on the make-up exam (a few days after taking the exam).

Withdrawing from the Course - Nursing

Withdrawal from the Course

A student may withdraw from the course until the 60th day of the term or until 75% of the course has been held and will be shown as a "W" on the student's transcript. After that point, withdrawals will not be allowed and students will be graded according to their performance.

It is the student’s responsibility for completing the withdrawal form and turning it in to the Registration Office by the date specified in the student handbook. For a full refund, a student must withdraw from a course within the first 5 days of the semester. See the student handbook for specifics on the refund policy.

Late or Missed Assignments - Nursing

Late or Missed Assignments
Late papers and/or assignments will result in **five percent (5%)** of the total points being deducted for each day that the paper/assignment is late (weekend included). Submitting assignments late in the D2L Dropbox may require contacting the instructor first to re-open the Dropbox for submissions, or submission via e-mail. Students should retain a copy of the paper/assignment for their records.

There may be unscheduled quizzes or classroom activities which provide the opportunity to earn points. If you are not present in class (and have not contacted the instructor prior to the start of class) there will not be any make up offered. Any extra credit points will only affect the student's points earned when the student's overall percentage at the end of the course is 80% or above.

**SCC Handbooks- Nursing**

**Nursing - SCC Handbooks**

Refer to the information and policies in the current SCC Catalog and Nursing Handbooks. You are a member of our SCC learning community and are responsible for knowing and following these requirements. The Nursing Handbook can be found at [http://southcentral.edu/nursing/nursing-handbook.html](http://southcentral.edu/nursing/nursing-handbook.html), SCC College policies are at [http://southcentral.edu/academic-policies/academic-dishonesty.html](http://southcentral.edu/academic-policies/academic-dishonesty.html)

**Campus Closing- Nursing**

**Nursing - Campus Closings**

If it is determined by the college administration or the governor that emergency conditions have developed which change the college’s normal operating times, an announcement will be made via radio and television broadcasts over the following stations: KTOE (AM 1230), KEEZ (FM 99.1), KXLP (FM 93), KNUJ (AM 860), KDOG (FM 96.7), KSTP (channel 5), KEYC-TV (channel 12), KDHL (AM 920), KQLC (FM 95.9), and WCCO (AM 830). Please note that the closing may be specific to facility, South Central College - North Mankato or Faribault.

We recommend that you register for the Star Alert system so you will know if the college closes. Directions can be found at [http://southcentral.edu/campus-security/star-alert.html](http://southcentral.edu/campus-security/star-alert.html)

In an emergency, Star Alert will send a text message to the cell number(s) and/or e-mail address(es) you provide. Notifications identified as "Star Alert" messages will note the nature of the emergency, what action, if any, you are to take, and where to find more information. Star Alert also will let you know if campus is closed or if classes are delayed or cancelled.