South Central College

CHW 1025  Teaching and Capacity Building

Common Course Outline

Course Information

Description  This course focuses on the community health worker's role in teaching and increasing the capacity of the community and of the client to access the health care system. Emphasis is on establishing healthy lifestyles and clients' developing agreements to take responsibility for achieving health goals. You will learn about and practice methods for planning, developing and implementing plans with clients to promote wellness. It is offered online. (Prerequisite: CHW 1015 - Organization and Resources)

Total Credits  2.00
Total Hours  32.00

Types of Instruction

Instruction Type  Credits/Hours
Lecture  2/32

Pre/Corequisites

Prerequisite  CHW 1015: Organization and Resources

Institutional Core Competencies

Critical and creative thinking: Students will develop the disposition and skills to strategize, gather, organize, create, refine, analyze, and evaluate the credibility of relevant information and ideas.

Foundations and skills for lifelong learning: Students will display an understanding of learning as a lifelong process through demonstration of a desire to learn, the willingness to apply learning to other areas of their lives, the ability to think and act independently, be willing to take the initiative to get projects done, and demonstrate the ability to reflect upon what has occurred and how it impacts the student and others.

Teamwork and problem-solving: Students will demonstrate the ability to work together cohesively with diverse groups of persons, including working as a group to resolve any issues that arise.

Written and oral communication: Students will communicate effectively in a range of social, academic, and professional contexts using a variety of means, including written, oral, numeric/quantitative, graphic, and visual modes of communication.

Course Competencies

1  Collect client data to specific to healthy behaviors, safety and psychosocial issues.

Learning Objectives
Identify information specific to health behaviors, safety, and psychosocial issues.
Use a data collection tool to obtain information on health behaviors, safety, and psychosocial issues.

2 Provide clients with information based on individual needs and desires.
   Learning Objectives
   Describe the importance of clients' baseline knowledge and desires.
   Provide information regarding healthy behaviors, safety, and psychosocial desires.

3 Construct a contract with clients that promotes health care and social responsibility.
   Learning Objectives
   Describe the process of contracting with clients.
   Explain the importance of setting realistic and attainable goals.
   List the different types of goals.
   Demonstrate the ability to provide on-going review and positive feedback.

4 Use community resources as incentives for clients health goals.
   Learning Objectives
   Define motivation for learning.
   Identify self-motivating factors.
   List local community resources that can serve as motivating factors.

5 Utilize a variety of teaching techniques with clients.
   Learning Objectives
   Describe learning domains.
   Describe different types of learning styles.
   Apply a variety of teaching strategies.
   Discuss barriers to successful teaching.

6 Increase the capacity of the community through health promotion activities and preventive health.
   Learning Objectives
   Define health promotion.
   List potential sites and avenues for health promotion activities.
   Identify multiple ways to advertise health promotion activities.
   Describe the importance of staying connected with community leaders.

7 Employ effective communication skills when collaborating with clients and other members of the service team.
   Learning Objectives
   Discuss the need to collaborate with other team members and services.
   Describe the important components of effective verbal and nonverbal skills when collaborating with team members.
   Identify barriers to effective collaboration.

8 Act as a role model for and increase the capacity of clients by helping them with self care and healthy behaviors.
   Learning Objectives
   Explain the importance of role modeling healthy behaviors.
   Identify unhealthy coping mechanisms.
   Demonstrate the use of self-care.

SCC Accessibility Statement
If you have a disability and need accommodations to participate in the course activities, please contact your instructor as soon as possible. This information will be made available in an alternative format, such as Braille, large print, or cassette tape, upon request. If you wish to contact the college ADA Coordinator, call that office at 507-389-7222.

Disabilities page http://southcentral.edu/academic-policies/disability-rights.html