South Central College

NURS 2210  Semester 1 Theory

Common Course Outline

Course Information

Description: This course introduces the student to the basic concepts in nursing, including the history and evolution of modern nursing. Topics include: nursing theory, nursing process, critical thinking, communication, cultural competence, professionalism, the multi-disciplinary team, scope of practice, current and future trends in health care, and legal and ethical issues. (Prerequisites: Admission to Associate of Science Nursing Program, BIOL 225)

Career Cluster: Health Science Technology

Instructional Level: Associate Degree

Total Credits: 2.00

Total Hours: 32.00

Types of Instruction

Instruction Type: Hybrid

Credits/Hours: 2/32

Pre/Corequisites

Prerequisite: Admission to Associate of Science Nursing Program, BIOL 225

Institutional Core Competencies

1. Analysis and inquiry: Students will demonstrate an ability to analyze information from multiple sources and to raise pertinent questions regarding that information.

2. Civic knowledge and engagement- local and global: Students will understand the richness and challenge of local and world cultures and the effects of globalization, and will develop the skills and attitudes to function as "global citizens."

3. Critical and creative thinking: Students will develop the disposition and skills to strategize, gather, organize, create, refine, analyze, and evaluate the credibility of relevant information and ideas.

4. Ethical reasoning and action: Students will develop ethical and social responsibility to self and others, and will collaborate with others to address ethical and social issues in a sustainable manner.

5. Foundations and skills for lifelong learning: Students will display an understanding of learning as a lifelong process through demonstration of a desire to learn, the willingness to apply learning to other areas of their lives, the ability to think and act independently, be willing to take the initiative to get projects done, and demonstrate the ability to reflect upon what has occurred and how it impacts the
student and others.

6  Intercultural knowledge and competence: Students will recognize and understand the rich and complex ways that group and individual inequalities and interactions impact self and society.

7  Teamwork and problem-solving: Students will demonstrate the ability to work together cohesively with diverse groups of persons, including working as a group to resolve any issues that arise.

8  Written and oral communication: Students will communicate effectively in a range of social, academic, and professional contexts using a variety of means, including written, oral, numeric/quantitative, graphic, and visual modes of communication.

Program Student Learning Outcomes

1  Human Flourishing - Advocate for patients and families in ways that promote their self-determination, integrity, and ongoing growth as human beings.

2  Nursing Judgment - Make judgments in practice, substantiated with evidence, that integrate nursing science in the provision of safe, quality care and that promote the health of patients within a family and community context.

3  Professional Identity - Implement one's role as a nurse in ways that reflect integrity, responsibility, ethical practices, and an evolving identity as a nurse committed to evidence-based practice, caring, advocacy, and safe, quality care for diverse patients within a family and community context.

4  Spirit of Inquiry - Examine the evidence that underlies clinical nursing practice to challenge the status quo, question underlying assumptions, and offer new insights to improve the quality of care for patients, families, and communities.

External Standards

Title QSEN

Sponsoring Organization Quality and Safety Education for Nurses

Target Standards
Informatics. "Use information and technology to communicate, manage knowledge, mitigate error, and support decision making."

Patient-centered Care. "Recognize the patient or designee as the source of control and full partner in providing compassionate and coordinated care based on respect for patient's preferences, values, and needs."

Teamwork and Collaboration. "Function effectively within nursing and inter-professional teams, fostering open communication, mutual respect and shared decision-making to achieve quality patient care."

Evidence-based Practice (EBP). "Integrate best current evidence with clinical expertise and patient/family preferences and values for delivery of optimal health care."

Quality Improvement (QI). "Use data to monitor the outcomes of care processes and use improvement methods to design and test changes to continuously improve the quality and safety of health care systems."

Safety. "Minimizes risk of harm to patients and providers through both system effectiveness and individual performance."

Course Competencies

1  Identify and explain concepts of health.

   Learning Objectives
   Discuss the Nursing Model vs. Medical Model of health.
   Define Human Flourishing.
   Describe the Illness-Wellness continuum.
Identify the healthcare needs of older adults in terms of chronic illnesses, accidental injuries and acute care needs.

2 **Describe the Professional Identity of nurses.**

**Learning Objectives**
- Define nursing today.
- Detail the role of registered nursing in various health care settings
- Describe the nurses role in promoting health of older adults

3 **Define the 5 steps of the Nursing Process.**

**Learning Objectives**
- Define and describe the purposes of four types of nursing assessment.
- Differentiate between objective and subjective data.
- Describe the purpose of nursing observation, interview and physical assessment
- Practice documenting assessment.
- Describe the term nursing diagnosis, distinguishing it from a collaborative problem and a medical diagnosis.
- Describe the purpose and benefits of outcome identification and planning.
- Describe how patient goals/expected outcomes are nursing orders, derived from nursing diagnoses.
- Develop a plan of nursing care with properly constructed outcomes and related nursing interventions.
- Differentiate nurse-initiated interventions, physician-initiated initiated interventions, and collaborative interventions.
- Describe evaluation, its purpose, and its relation to the other steps in the nursing process.

4 **Discuss components of Nursing Judgment.**

**Learning Objectives**
- Outline the steps in implementing evidence-based practice
- Read and demonstrate understanding on a beginning level, a published research article.
- Identify critical thinking strategies utilized by nurses.
- Discuss methods of prioritization

5 **Define professional standards and ethics of the nursing profession.**

**Learning Objectives**
- Define concept "Standard of Care" or "Standard Practice"
- Explore professional code of ethics of the American Nurses Association
- Examine Minnesota Nurses code of ethics.
- Acquaint self with professional standards, QSEN, NLN, IOM, IHI.

6 **Identify concepts of culture, cultural sensitivity, and cultural competence.**

**Learning Objectives**
- Describe concepts of culture, cultural sensitivity, and cultural competence.
- Discuss factors in the healthcare system and in nursing that facilitate or impede culturally competent nursing care.
- List strategies that the nurse could use to deliver culturally competent care.

7 **Discuss professional communication.**

**Learning Objectives**
- Describe therapeutic communication.
- Distinguish techniques of therapeutic communication.
- Distinguish between verbal and non-verbal communication.
- List the ways a nurse communicates with the health care team.
- Discuss the standards for professional communication (SBAR)
- Acknowledge the role of documentation in professional communication.

8 **Discuss technology (informatics) in the health care setting.**

**Learning Objectives**
- Describe the advantages and disadvantages of technology in the health care setting.
- List the types of technology a nurse is likely to use.
- Discuss what is meant by informatics.

9 **Identify current and future trends in health care**

**Learning Objectives**
Compare and Contrast settings and agencies that provide healthcare.
Describe the members of the interdisciplinary healthcare team.
Discuss Methods of financing healthcare.
Explore Healthy People 2020 and identify goals in health care for the next decade.
Identify which of these goals current health care reform addresses.
Describe the role of the nurse in ensuring continuity of care between and among healthcare settings.

SCC Accessibility Statement
If you have a disability and need accommodations to participate in the course activities, please contact your instructor as soon as possible. This information will be made available in an alternative format, such as Braille, large print, or cassette tape, upon request. If you wish to contact the college ADA Coordinator, call that office at 507-389-7222.

Disabilities page http://southcentral.edu/academic-policies/disability-rights.html