South Central College

NURS 2410  Semester 3 Theory

Common Course Outline

Course Information

Description  This course introduces the student to the specialty areas of Family Health and Mental Health. The Family Health rotation will explore the unique health care considerations of women, children and their families. The Mental Health rotation will explore the unique health care considerations of persons with mental illness across the lifespan.
(Prerequisites: NURS 2350, BIOL 240, PSYC 110)

Career Cluster  Health Science Technology

Instructional Level  Associate Degree

Total Credits  4.00
Total Hours  64.00

Types of Instruction

Instruction Type  Hybrid

Credits/Hours  4/64

Pre/Corequisites

Prerequisite  NURS 2350, BIOL 240, PSYC 110

Institutional Core Competencies

1 Analysis and inquiry: Students will demonstrate an ability to analyze information from multiple sources and to raise pertinent questions regarding that information.

2 Civic knowledge and engagement- local and global: Students will understand the richness and challenge of local and world cultures and the effects of globalization, and will develop the skills and attitudes to function as "global citizens."

3 Critical and creative thinking: Students will develop the disposition and skills to strategize, gather, organize, create, refine, analyze, and evaluate the credibility of relevant information and ideas.

4 Ethical reasoning and action: Students will develop ethical and social responsibility to self and others, and will collaborate with others to address ethical and social issues in a sustainable manner.

5 Foundations and skills for lifelong learning: Students will display an understanding of learning as a lifelong process through demonstration of a desire to learn, the willingness to apply learning to other areas of their lives, the ability to think and act independently, be willing to take the initiative to get projects done, and demonstrate the ability to reflect upon what has occurred and how it impacts the
6  Intercultural knowledge and competence: Students will recognize and understand the rich and complex ways that group and individual inequalities and interactions impact self and society.

7  Teamwork and problem-solving: Students will demonstrate the ability to work together cohesively with diverse groups of persons, including working as a group to resolve any issues that arise.

8  Written and oral communication: Students will communicate effectively in a range of social, academic, and professional contexts using a variety of means, including written, oral, numeric/quantitative, graphic, and visual modes of communication.

Program Student Learning Outcomes

1  Human Flourishing - Advocate for patients and families in ways that promote their self-determination, integrity, and ongoing growth as human beings.

2  Nursing Judgment - Make judgments in practice, substantiated with evidence, that integrate nursing science in the provision of safe, quality care and that promote the health of patients within a family and community context.

3  Professional Identity - Implement one’s role as a nurse in ways that reflect integrity, responsibility, ethical practices, and an evolving identity as a nurse committed to evidence-based practice, caring, advocacy, and safe, quality care for diverse patients within a family and community context.

4  Spirit of Inquiry - Examine the evidence that underlies clinical nursing practice to challenge the status quo, question underlying assumptions, and offer new insights to improve the quality of care for patients, families, and communities.

External Standards

Title QSEN

Sponsoring Organization  Quality and Safety Education for Nurses

Target Standards
Informatics. “Use information and technology to communicate, manage knowledge, mitigate error, and support decision making.”

Patient-centered Care. “Recognize the patient or designee as the source of control and full partner in providing compassionate and coordinated care based on respect for patient’s preferences, values, and needs.”

Teamwork and Collaboration. “Function effectively within nursing and inter-professional teams, fostering open communication, mutual respect and shared decision-making to achieve quality patient care.”

Evidence-based Practice (EBP). “Integrate best current evidence with clinical expertise and patient/family preferences and values for delivery of optimal health care.”

Quality Improvement (QI). “Use data to monitor the outcomes of care processes and use improvement methods to design and test changes to continuously improve the quality and safety of health care systems.”

Safety. “Minimizes risk of harm to patients and providers through both system effectiveness and individual performance.”

Course Competencies

1  Support physical, emotional and psychosocial development through the lifespan.

   Learning Objectives
Identify major developmental theorists.
Apply knowledge of physical, emotional and psychological development throughout the lifespan to nursing interventions.
2 Utilize nursing judgement in the care of women, children and their families experiencing alterations of the reproductive system and during the childbearing years, and among persons with mental illness.

Learning Objectives
Describe dysfunction of the reproductive system.
Distinguish between normal and abnormal reproductive function.
Outline embryonic and fetal development.
Identify potential pregnancy complications.
Review appropriate prenatal care for normal and high-risk pregnancies.
Describe nursing care during labor and delivery.
Identify potential complications of labor and delivery.
Describe nursing care in the post-partum period.
Identify potential complications of the post-partum period.

3 Subscribe to the impact of culture on the client and family.

Learning Objectives
Determine how culture influences the care and expectations of women and families during the childbearing year.
Determine how culture influences the care and expectations of a client with behavioral health concerns.
Determine how cultural influences impact child rearing practices.
Explore nursing interventions that promote and support the cultural practices of clients and families in multiple settings.

4 Categorize the medications used in treatment of mental illness and during the reproductive cycle.

Learning Objectives
Identify resources for assessing the safety of specific medications during pregnancy and breastfeeding.
Discuss medications that are commonly used in the antepartum, intrapartum and postpartum periods.
Describe the potential consequences of maternal medication administration on the embryo, fetus and neonate.

5 Determine stage of human growth and development and impact upon illness/hospitalization according to stage.

Learning Objectives
Identify stages of human growth and development.
Describe nursing interventions for the pediatric client based upon stage of growth and development.

6 Examine common pediatric health conditions and mental health conditions, and their impact on the patient and family.

Learning Objectives
Describe common pediatric disorders.
Anticipate the potential responses of children and families to pediatric health alterations and hospitalization.

7 Compare nursing interventions for the pediatric versus adult populations, including accuracy of medication administration and calculations in the newborn and pediatric client.

Learning Objectives
Recognize physiologic differences between adult and pediatric clients that may alter the response to nursing interventions.
Identify nursing interventions appropriate for the care of pediatric clients with common acute illnesses and/or chronic diseases.
Discuss the integration of developmental stage in nursing care plans for pediatric populations.
Anticipate the role family members will play in the care of pediatric clients.

8 Deliver appropriate nursing interventions to persons experiencing mental illness at their stage along the mental health continuum.

Learning Objectives
Explain how pediatric physiology impacts the response to medication.
Calculate correct medication dosage for pediatric clients.
Describe how to safely adapt medication principles and techniques to meet the needs of the pediatric client.
Utilize resources to determine safety of specific medications for children.

9 Examine principles of treatment for the women, children and their families experiencing alterations of the reproductive system.

Learning Objectives
Describe the mental health/mental illness continuum.
Identify nursing interventions to support mental health.
Identify nursing interventions for the client with mental illness.

10 Use professional terminology to describe disorders and patient/family behaviors.

Learning Objectives
Summarize mental health terminology.
Explain how DSM-IV is used in behavioral health settings.
Categorize mental illness disorders, and identify appropriate nursing interventions.

11 Examine principles of treatment for the patient/family with mental illness.

Learning Objectives
Identify theories and theorists of psychotherapy.
Distinguish theories of psychotherapy.
Discuss how medications are utilized in the treatment of mental illness.

12 Implement critical thinking and the nursing process to devise a comprehensive plan of care for patients with mental illness and their families.

Learning Objectives
Explore mental health resources within the community.
Discuss the role each plays in the treatment of mental illness.

13 Implement critical thinking and the nursing process to devise a comprehensive plan for women with alterations in the reproductive cycle, their children and families.

Learning Objectives
Develop a nursing care plan for a client with mental illness
Discuss the impact of mental illness on the family system and include family in care planning.

SCC Accessibility Statement
If you have a disability and need accommodations to participate in the course activities, please contact your instructor as soon as possible. This information will be made available in an alternative format, such as Braille, large print, or cassette tape, upon request. If you wish to contact the college ADA Coordinator, call that office at 507-389-7222.

Disabilities page http://southcentral.edu/academic-policies/disability-rights.html