South Central College

NURS 2450  Semester 3 Clinical Practice

Common Course Outline

Course Information

Description
This course will focus on the client with specialized needs across the lifespan. Students will have the opportunity to explore the wonder of human gestation from conception to post-partum care of the newborn and mother. Pediatric nursing will be experienced in the clinical setting where theories of growth and development will be foundational in designing patient care. Family-centered care will be examined as the context of client development, response to illness and health promotion. External systems such as culture and religion will be considered as influencing client health and illness. Students will provide care for the client with complex multiple needs in the clinical setting. Concepts of mental health and illness will be explored in the clinical setting. Students will have the opportunity to observe, experience and design nursing care for the hospitalized and community client with mental health needs. This course will also cover the characteristics of hazardous wastes and its safe handling, storage, and disposal. (Prerequisite: NURS 2350)

Career Cluster
Health Science Technology

Instructional Level
Associate Degree

Total Credits 4.00
Total Hours 128.00

Types of Instruction

Instruction Type Credits/Hours
Clinical / Lab 4/128

Pre/Corequisites

Prerequisite NURS 2350

Institutional Core Competencies

1. Analysis and inquiry: Students will demonstrate an ability to analyze information from multiple sources and to raise pertinent questions regarding that information.
2. Civic knowledge and engagement- local and global: Students will understand the richness and challenge of local and world cultures and the effects of globalization, and will develop the skills and attitudes to function as "global citizens."
3. Critical and creative thinking: Students will develop the disposition and skills to strategize, gather,
organize, create, refine, analyze, and evaluate the credibility of relevant information and ideas.

4. Ethical reasoning and action: Students will develop ethical and social responsibility to self and others, and will collaborate with others to address ethical and social issues in a sustainable manner.

5. Foundations and skills for lifelong learning: Students will display an understanding of learning as a lifelong process through demonstration of a desire to learn, the willingness to apply learning to other areas of their lives, the ability to think and act independently, be willing to take the initiative to get projects done, and demonstrate the ability to reflect upon what has occurred and how it impacts the student and others.

6. Intercultural knowledge and competence: Students will recognize and understand the rich and complex ways that group and individual inequalities and interactions impact self and society.

7. Teamwork and problem-solving: Students will demonstrate the ability to work together cohesively with diverse groups of persons, including working as a group to resolve any issues that arise.

8. Written and oral communication: Students will communicate effectively in a range of social, academic, and professional contexts using a variety of means, including written, oral, numeric/quantitative, graphic, and visual modes of communication.

Program Student Learning Outcomes

1. Human Flourishing - Advocate for patients and families in ways that promote their self-determination, integrity, and ongoing growth as human beings.

2. Nursing Judgment - Make judgments in practice, substantiated with evidence, that integrate nursing science in the provision of safe, quality care and that promote the health of patients within a family and community context.

3. Professional Identity - Implement one's role as a nurse in ways that reflect integrity, responsibility, ethical practices, and an evolving identity as a nurse committed to evidence-based practice, caring, advocacy, and safe, quality care for diverse patients within a family and community context.

4. Spirit of Inquiry - Examine the evidence that underlies clinical nursing practice to challenge the status quo, question underlying assumptions, and offer new insights to improve the quality of care for patients, families, and communities.

External Standards

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<tr>
<th>Title</th>
<th>QSEN</th>
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<tr>
<td>Sponsoring Organization</td>
<td>Quality and Safety Education for Nurses</td>
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Target Standards

Informatics. "Use information and technology to communicate, manage knowledge, mitigate error, and support decision making."

Patient-centered Care. "Recognize the patient or designee as the source of control and full partner in providing compassionate and coordinated care based on respect for patient's preferences, values, and needs."

Teamwork and Collaboration. "Function effectively within nursing and inter-professional teams, fostering open communication, mutual respect and shared decision-making to achieve quality patient care."

Evidence-based Practice (EBP). "Integrate best current evidence with clinical expertise and patient/family preferences and values for delivery of optimal health care."

Quality Improvement (QI). "Use data to monitor the outcomes of care processes and use improvement methods to design and test changes to continuously improve the quality and safety of health care systems."

Safety. "Minimizes risk of harm to patients and providers through both system effectiveness and individual performance."
Course Competencies

1. **Integrate nursing theory and the Nursing Process into clinical practice.**
   
   **Learning Objectives**
   - Assemble client care plans utilizing the Nursing Process.

2. **Determine measures to promote and maintain health and safety.**
   
   **Learning Objectives**
   - Assess safety concerns for clients in clinical setting.
   - Create nursing care plans that address safety concerns for individual clients and families.
   - Integrate anticipatory guidance to preserve safety in the pediatric client.
   - Identify evidence based practices which help assure pediatric safety in different care settings.

3. **Demonstrate therapeutic communication techniques in different health care settings.**
   
   **Learning Objectives**
   - Apply principles of therapeutic communication to promote a positive client-nurse relationship in different stages of the childbirth experience.
   - Demonstrate appropriate therapeutic communication based on client's developmental stage.
   - Identify considerations in nurse client communication that are unique to behavioral health settings.
   - Demonstrate therapeutic communication techniques during client interactions.

4. **Model professional behavior in all client settings.**
   
   **Learning Objectives**
   - Demonstrate unconditional acceptance of the client.
   - Anticipate ethical and legal challenges that could occur when working with vulnerable clients in client care settings.
   - Develop code of behavior that reflects integrity, responsibility and quality patient care.

5. **Provide culturally competent care in the clinical setting.**
   
   **Learning Objectives**
   - Elicit patient/family values, preferences and expressed needs as part of clinical interview, implementation of care plan and evaluation of care.
   - Provide patient-centered care with sensitivity and respect for the diversity of human experience.

6. **Construct a plan of care for the postpartum mother.**
   
   **Learning Objectives**
   - Demonstrate assessment skills in the postpartum clinical setting.
   - Incorporate interpretation of assessment data in the identification of client needs.
   - Utilize identified client needs in designing the plan of care.
   - Implement individualized care plan.
   - Modify nursing care based upon alterations in client status.

7. **Demonstrate safety in medication administration.**
   
   **Learning Objectives**
   - Detect potential errors in medication administration.
   - Calculate medication dosage for administration accurately.

8. **Develop a plan of care for the the normal newborn.**
   
   **Learning Objectives**
   - Demonstrate newborn assessment skills.
   - Incorporate identified newborn needs in the plan of care.
   - Utilize knowledge of newborn behavior and development in planning care.

9. **Integrate growth and development theories into care of the pediatric patient.**
   
   **Learning Objectives**
   - Demonstrate appropriate assessment of pediatric client.
   - Incorporate growth and development theories in developing a plan of care for the pediatric patient.
10 Specify nursing interventions to achieve established client and family goals.
   Learning Objectives
   Consult with client to identify health care goals.
   Develop nursing interventions based on client-identified goals.

11 Prioritize care for clients and families with multiple needs.
   Learning Objectives
   Utilize nursing judgement to prioritize care for a client and family with multiple needs.
   Develop care plans that address the multiple needs of clients and families.

12 Incorporate mental health concepts to practice in the behavioral health setting.
   Learning Objectives
   Demonstrate behavioral health assessment skills.
   Develop patient behavioral goals based on assessment data.
   Design patient care plan incorporating mental health concerns.

SCC Accessibility Statement
If you have a disability and need accommodations to participate in the course activities, please contact your instructor as soon as possible. This information will be made available in an alternative format, such as Braille, large print, or cassette tape, upon request. If you wish to contact the college ADA Coordinator, call that office at 507-389-7222.

Disabilities page [http://southcentral.edu/academic-policies/disability-rights.html](http://southcentral.edu/academic-policies/disability-rights.html)