



First Aid / CPR Training

First aid training that goes above and beyond OSHA's requirements.

Get training that goes above and beyond OSHA's requirements for first aid training under 1910.151 and 1926.50. South Central College's First Aid/CPR curriculum mirrors guidelines set by The American Heart Association. American Heart Association Certifications are available upon request for both Heartsaver and Basic Life Support.

This training is also heavily customizable, so that any combination of topics can be covered depending on your organization's needs. The focus is to educate those with little to no training and to ensure those who have been trained previously are staying up to date with any changes to the way care is administered.

Program includes:

- First aid basics
- Hands-only or high-quality CPR
- Early use of an AED
- Combination of lecture, clips and questions
- Hands-on examples of first aid and CPR situations
- Implementation of anonymous response remotes: this allows accountability for learners, and a way to verify effective communication of the course content

Training sessions can be delivered at your location or at either of our two campuses.

FOR MORE INFORMATION

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Customized Workforce Education

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An affirmative action, equal opportunity employer and educator. This material can be made available in alternative formats by contacting the Academic Support Center at 507-389-7222 or ds@southcentral.edu.



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