



**South Central College
Program Design**

AAS 3668/2523 Early Childhood Education - Trauma Informed Practices

Program Information

Instructional Level Associate Degree

Career Cluster Human Services

Description

The Trauma-Informed Practices Associate Degree within the Early Childhood Education program offers a specialized focus on understanding and addressing trauma's impact on young children. This comprehensive 60-credit-hour curriculum blends core ECE principles with trauma-sensitive approaches. Students delve into the effects of adverse childhood experiences, learning trauma-responsive strategies to create safe and nurturing environments. Courses cover developmental psychology, resilience-building techniques, and trauma-informed interventions. Hands-on experiences enhance students' ability to identify trauma indicators and implement supportive interventions. Graduates will emerge as empathetic educators, equipped to foster healing and growth in children affected by trauma, empowering them to thrive academically and emotionally.

Grade Policy

Grades of lower than a C may not be accepted in transfer by the receiving institution

Program Admission Dates (Fall and/or Spring)

Fall

Program Location (North Mankato and/or Faribault)

Online

Program Student Learning Outcomes

- 1 Demonstrate a comprehensive understanding of trauma and its impact on early childhood development.
- 2 Implement trauma-informed strategies and interventions in early childhood education settings.
- 3 Apply principles of self-regulation and mindfulness to support children's emotional well-being.
- 4 Collaborate with families and communities to create a trauma-sensitive support network.
- 5 Analyze ethical considerations and cultural responsiveness in trauma-informed early childhood practices.

Program Configurations

Fall Start

Credits

Technical Course	42
Arts & Sciences	18

Total Credits	60
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Semester One

Course #	Course Title	Credits	Function
ECE 1205	Introduction to Early Childhood Education	3	Technical Course
ECE 1210	Child Growth and Development	3	Technical Course
ECE 1230	Behavior Guidance	3	Technical Course
ENGL 100	Composition	4	Arts & Sciences
ETHN 101	American Racial Minorities	3	Arts & Sciences

Semester Two

Course #	Course Title	Credits	Function
ECE 1220	Health, Wellness and Nutrition	3	Technical Course
ECE 1240	Diverse Children and Family Relations	3	Technical Course
ECE 1270	Creative Activities and Environments	3	Technical Course
PSYC 100	Introduction to Psychology	4	Arts & Sciences
HSER 1000	Introduction to Counseling	3	Technical Course

Semester Three

Course #	Course Title	Credits	Function
ECE 2580	Observation and Assessment	3	Technical Course
ECE 2590	Introduction to Children's Mental Health	3	Technical Course
SOWK 115	Social Welfare Services	4	Arts & Sciences
ETHN 110	The Immigrant Experience	3	Arts & Sciences

Semester Four

Course #	Course Title	Credits	Function
ECE 2310	Introduction to Special Education	3	Technical Course
ECE 2520	Children with Challenging Behaviors	3	Technical Course
HSER 1020	Behavioral Interventions	3	Technical Course
HSER 1030	Poverty	3	Technical Course

ECE 2570	Capstone	3	Technical Course
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Program Course List

Number	Title	Credits	Pre/Corequisites
ECE 1205	Introduction to Early Childhood Education	3	None
ECE 1210	Child Growth and Development	3	None
ECE 1220	Health, Wellness and Nutrition	3	None
ECE 1230	Behavior Guidance	3	None
ECE 1240	Diverse Children and Family Relations	3	None
ECE 1270	Creative Activities and Environments	3	None
ECE 2310	Introduction to Special Education	3	ECE 1210
ECE 2520	Children with Challenging Behaviors	3	ECE 1210 and ECE 1230
ECE 2570	Capstone	1	
ECE 2580	Observation and Assessment	3	ECE 1210 and ECE 1230
ECE 2590	Introduction to Children's Mental Health	3	ECE 1210 and ECE 1230
ENGL 100	Composition	4	Next-Generation Accuplacer Reading minimum score of 250 (Classic Accuplacer, minimum of 75) or completion of READ 0090 or EAP 0095 with a C (2.0) or higher.
ETHN 101	American Racial Minorities	3	Reading 0900; or a score of 77.5 or higher in Reading Comprehension portion of the Accuplacer Test
ETHN 110	The Immigrant Experience	3	Accuplacer Reading Comprehension Score of 78 or above or completion of READ0090
HSER 1000	Introduction to Counseling	3	None
HSER 1020	Behavioral Interventions	3	None
HSER 1030	Poverty	3	None
PSYC 100	Introduction to Psychology	4	None
SOWK 115	Social Welfare Services	4	ENGL 100