



South Central College

COMM 140 Interpersonal Communication

Course Outcome Summary

Course Information

Description	In this class, participants will examine key components of interpersonal communication theory, identify the interpersonal communication skills necessary for healthy relationships, assess their own interpersonal communication effectiveness, and practice and hone interpersonal communication skills necessary for healthy home and work relationships. This course will also address relevant issues of social interaction, including how human diversity/culture (age, race, gender, etc.) affects our interpersonal communication. (Prerequisite: Accuplacer Reading Score of 78 or above or completion of READ 0090) (MNTC 1: Communication)
Total Credits	3
Total Hours	48

Types of Instruction

Instruction Type	Credits/Hours
Lecture	3/48

Pre/Corequisites

Accuplacer Reading Score of 78 or above or completion of READ 0090

Institutional Core Competencies

Communication - Students will be able to demonstrate appropriate and effective interactions with others to achieve their personal, academic, and professional objectives.

Course Competencies

- 1. Demonstrate the writing and speaking processes through invention, organization, drafting, revision, editing, and presentation.**

Learning Objectives

- Recognize communication is an interactive, ongoing human practice.
- Draft and edit a research paper on an interpersonal communication topic.
- Present thoughts and ideas to others orally.
- Provide constructive feedback to others.
- Receive feedback from others.

- 2. Participate effectively in groups with emphasis on listening, critical and reflective thinking, and**

responding.

Learning Objectives

Discuss ideas/opinions with others.
Listen to group members using active listening techniques.
Recognize time/place for listening empathetically.
Recognize time/place for listening critically.
Identify barriers to effective listening
Respond appropriately in a discussion with others.

3. Construct logical and coherent arguments.

Learning Objectives

Examine movies and/or writing for evidence of interpersonal communication theory.
Develop claims for writing and discussion of interpersonal communication theory.
Provide evidence for one's claims.
Demonstrate how evidence supports one's claims,
Identify biases in arguments.

4. Select appropriate communication choices for specific audiences.

Learning Objectives

Articulate the transactional model of communication.
Discuss audience analysis as it pertains to interpersonal communication.
Examine the gender and cultural influences on your communication partner.
Identify the communication style of your partner.
Adapt to the communication style of your partner.

5. Examine interpersonal communication as a mode of human communication.

Learning Objectives

Define interpersonal communication.
Explain usefulness of interpersonal communication skills.
Describe key components of the transactional process.
Engage in reflection of one's own interpersonal communication strengths and weaknesses.

6. Improve self-concept and self-esteem for the purposes of improving relationships.

Learning Objectives

Define self-concept.
Identify the factors that shape the development of self-concept.
Describe how intrapersonal and interpersonal communication affect self-concept.
Practice self-esteem improvement techniques.

7. Use perception-checking techniques to alleviate misunderstandings.

Learning Objectives

Explain the stages of interpersonal perception.
Identify barriers to accurate perception.
Develop skill sets in managing perception.
Practice perception-checking techniques.

8. Manage intercultural relationships.

Learning Objectives

Define culture and co-culture.
Acknowledge the value of cultural diversity.
Explain how belonging to a culture/co-culture affects communication.
Examine intercultural communication barriers.
Practice intercultural communication competence strategies.

9. Listen actively to interpersonal communication partners.

Learning Objectives

Compare/contrast hearing vs. listening.
Identify barriers to active listening.

Develop skill sets in managing active listening.
Apply different types of helping responses.
Practice active listening techniques.

10. Choose language to maintain relationships.

Learning Objectives

Manage word barriers.
Analyze abstract, ambiguous, and unconventional language.
Explain ways to avoid biased language.
Use language that contributes to supportive rather than defensive climates.
Analyze the role of verbal communication in various interpersonal episodes and diverse contexts.

11. Monitor the nonverbal cues of self and others.

Learning Objectives

Define nonverbal communication.
Explain why nonverbal communication is an important but challenging area of study.
Analyze the role of nonverbal communication in various interpersonal episodes and diverse contexts.
Identify strategies for improving the ability to interpret nonverbal communication accurately.
Monitor personal nonverbal behavior in order to manage the impressions you send to others.

12. Maintain relationships.

Learning Objectives

Identify barriers that impede effective interpersonal communication.
Describe the dimensions of interpersonal relationships.
Explain the elements of interpersonal attraction.
Articulate the role of interpersonal processes in the development and maintenance of relationships.
Develop skill sets in managing disclosure.
Identify strategies for initiating, maintaining, and repairing relationships.

13. Manage interpersonal conflicts.

Learning Objectives

Define different types of conflict.
Identify myths about conflicts.
Identify personal conflict styles and tactics.
Contrast assertiveness vs. aggressiveness.
Use the problem-solving steps to achieve win-win outcomes.
Develop skill sets in managing conflict.

14. Manage emotions.

Learning Objectives

Examine emotional intelligence.
Identify barriers to expressing emotions.
Practice effective ways of expressing emotions.
Contrast complementary, symmetrical, and parallel relationships.
Recognize different types of power plays.
Practice cooperative responses.

SCC Accessibility Statement

South Central College strives to make all learning experiences as accessible as possible. If you have a disability and need accommodations for access to this class, contact the Academic Support Center to request and discuss accommodations. North Mankato: Room B-132, (507) 389-7222; Faribault: Room A-116, (507) 332-7222.

Additional information and forms can be found at: www.southcentral.edu/disability

This material can be made available in alternative formats by contacting the Academic Support Center at 507-389-7222.