



South Central College

# CULN 1200 Garde Manger 1

## Course Outcome Summary

### Course Information

<b>Description</b>	Students will be introduced to Garde Manger: the art of cold foods. They will gain knowledge and demonstrate skills used for the creation of salads, dressings, and a variety of hot and cold sandwiches. (Prerequisite: CULN 1101) (Corequisite: CULN 1201)
<b>Total Credits</b>	3
<b>Total Hours</b>	80

### Types of Instruction

Instruction Type	Credits/Hours
lecture/Lab	3/80

### Pre/Corequisites

CULN 1101

CULN 1201

### Institutional Core Competencies

Critical and Creative Thinking - Students will be able to demonstrate purposeful thinking with the goal of using a creative process for developing and building upon ideas and/or the goal of using a critical process for the analyzing and evaluating of ideas.

### Course Competencies

#### 1. Apply sanitary food handling procedures

##### Learning Objectives

- Display proper personal hygiene
- Sanitize kitchen facilities
- Perform sanitary food handling

#### 2. Demonstrate salad preparation methods

##### Learning Objectives

- Identify salad ingredients
- Prepare salad-based dishes
- Prepare salad dressings

**3. Utilize hot sandwich preparation methods**

**Learning Objectives**

Identify different types of hot sandwiches  
Describe various kinds of hot sandwiches

**4. Demonstrate cold sandwich preparation methods**

**Learning Objectives**

Identify different types of cold sandwiches.  
Prepare various kinds of cold sandwiches

**5. Construct oil based dressings**

**Learning Objectives**

Identify dressing ingredients  
Prepare oil based dressings

**6. Construct emulsified dressing**

**Learning Objectives**

Identify emulsified dressing ingredients  
Prepare emulsified dressings

**7. Apply arrangement and presentation methods**

**Learning Objectives**

Prepare classic arrangements of salads  
Prepare contemporary salads

**8. Identify salad greens**

**Learning Objectives**

Identify spring mix greens  
Identify baby greens  
Identify romaine lettuce  
Identify seasonal lettuces

**9. Construct grain salads**

**Learning Objectives**

Prepare grain salads  
Identify modern and classic grain salads

**SCC Accessibility Statement**

South Central College strives to make all learning experiences as accessible as possible. If you have a disability and need accommodations for access to this class, contact the Academic Support Center to request and discuss accommodations. North Mankato: Room B-132, (507) 389-7222; Faribault: Room A-116, (507) 332-7222.

Additional information and forms can be found at: [www.southcentral.edu/disability](http://www.southcentral.edu/disability)

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