



South Central College

ECE 2590 Introduction to Children's Mental Health

Course Outcome Summary

Course Information

Description	This course provides a deeper look at social-emotional learning experiences and the long-term effects of positive experiences. Students integrate knowledge of healthy child development, developmentally appropriate learning environments and teaching methods to promote positive emotional development, social development, self-concept, self-esteem, social skills, diversity awareness, resiliency, and attachment. (Prerequisite ECE1210 and ECE 1230)
Total Credits	3
Total Hours	48

Types of Instruction

Instruction Type	Credits/Hours
Lecture	3/48

Pre/Corequisites

ECE 1210 and ECE 1230

Institutional Core Competencies

Critical and Creative Thinking - Students will be able to demonstrate purposeful thinking with the goal of using a creative process for developing and building upon ideas and/or the goal of using a critical process for the analyzing and evaluating of ideas.

Cultural Competence - Students will be able to demonstrate an attitude of personal curiosity, a rising knowledge of cultures, and an evolving range of skills for living and working among others with other worldviews and ways of life.

Course Competencies

1. Develop age appropriate activities to support healthy emotional development

Learning Objectives

- Describe healthy/unhealthy emotional development
- Select emotional development learning experiences and resources that support healthy development
- Analyze learning environments related to emotional development experiences that support healthy development
- Describe short-term and long-term outcomes of unhealthy emotional development

2. Develop age appropriate activities to support healthy self-concept/self-esteem development

Learning Objectives

Select self-concept/self-esteem teaching learning experiences and resources that support healthy development
Describe healthy/unhealthy self-concept/self-esteem
Analyze learning environments related to self-concept/self-esteem that support healthy development
Describe short-term and long-term outcomes of unhealthy self-concept/self-esteem development

3. Develop age appropriate activities to support healthy attachment

Learning Objectives

Describe healthy/unhealthy attachment
Analyze learning environments and how they relate to attachment
Select attachment learning experiences and resources that support healthy development
Describe short-term and long-term outcomes of unhealthy attachment

4. Develop age appropriate activities to support healthy social skills development

Learning Objectives

Describe healthy/unhealthy social skills
Analyze learning environments related to social skills that support healthy development
Select social skills learning experiences and resources that support healthy development
Describe short-term and long-term outcomes of unhealthy social skills

5. Develop age appropriate resiliency building activities

Learning Objectives

Describe resiliency
Select resiliency building learning experiences and resources that support healthy development
Analyze learning environments related to resiliency building that support healthy development
Describe short-term and long-term outcomes of not building resiliency

6. Develop age appropriate activities to support healthy diversity awareness development

Learning Objectives

Describe diversity awareness/sensitivity
Analyze learning environment related to diversity awareness/sensitivity that support healthy development
Select diversity awareness/sensitivity learning experiences and resources that support healthy development
Describe the short-term and long-term outcomes of unhealthy diversity awareness/sensitivity

7. Facilitate positive emotional development learning experiences

Learning Objectives

Examine theories of emotional development
Examine theories of social development
Implement emotional development teaching strategies that support healthy development
Evaluate emotional development learning experiences that support healthy development

8. Facilitate positive social skills learning experiences

Learning Objectives

Implement social skills teaching strategies that support healthy development
Evaluate social skills learning experiences that support healthy development

9. Facilitate resiliency learning experiences

Learning Objectives

Evaluate resiliency building learning experiences that support healthy development
Implement resiliency building teaching strategies that support healthy development

10. Facilitate positive diversity awareness/sensitivity experiences

Learning Objectives

Implement diversity awareness/sensitivity teaching strategies that support healthy development
Evaluate diversity awareness/sensitivity learning experiences that support healthy development

11. Facilitate healthy attachment building learning experiences

Learning Objectives

Implement attachment building teaching methods that support healthy development
Evaluate attachment building learning experiences that support healthy development

12. Facilitate positive self-concept/self-esteem learning experiences

Learning Objectives

Evaluate self-concept/self-esteem learning experiences that support healthy development
Implement self-concept/self-esteem teaching strategies that support healthy development

13. Explore intervention strategies related to unhealthy social/emotional development

Learning Objectives

Evaluate intervention strategies
Determine appropriate intervention strategies
Implement appropriate intervention strategies

SCC Accessibility Statement

South Central College strives to make all learning experiences as accessible as possible. If you have a disability and need accommodations for access to this class, contact the Academic Support Center to request and discuss accommodations. North Mankato: Room B-132, (507) 389-7222; Faribault: Room A-116, (507) 332-5847.

Additional information and forms can be found at: www.southcentral.edu/disability

This material can be made available in alternative formats by contacting the Academic Support Center at 507-389-7222.