



South Central College

## HC 1525 Health Care Core Foundations

### Common Course Outline

#### Course Information

<b>Description</b>	This variable credit course will focus on the requirements needed by healthcare professionals to effectively work in a variety of healthcare settings and explore workplace skills such as accountability and responsibility, workplace behavior, approaches to assist clients, and expectations of teams and team members. This course provides a framework for healthcare workers to interact with diverse clients and staff, including belief systems, cultural practices, and respect and sensitivity to cultural, gender, and age issues. Identifying elements of communication and how those elements can develop into effective communication within the healthcare setting is a key focus, as well as learning when and how to utilize those skills in challenging situations. Health care ethics will be addressed and target ethical decision-making and personal and professional values. Legal issues in healthcare will round out the course, concentrating on healthcare laws and social media in healthcare. Healthcare safety and standards precautions will be incorporated, as well as personal wellness for the healthcare professional. This variable credit course was designed as a part of the Minnesota Health Care Core Curriculum. (Prerequisites: None)
--------------------	--

<b>Total Credits</b>	4
<b>Total Hours</b>	64

#### Types of Instruction

Instruction Type	Credits/Hours
Lecture - variable credit	1/16 to 4/64

#### Pre/Corequisites

Pre/Corequisite	None
-----------------	------

#### Institutional Core Competencies

Civic Engagement and Social Responsibility - Students will be able to demonstrate the ability to engage in the social responsibilities expected of a community member.

Communication - Students will be able to demonstrate appropriate and effective interactions with others to achieve their personal, academic, and professional objectives.

Critical and Creative Thinking - Students will be able to demonstrate purposeful thinking with the goal of using a creative process for developing and building upon ideas and/or the goal of using a critical process for the analyzing and evaluating of ideas.

Cultural Competence - Students will be able to demonstrate an attitude of personal curiosity, a rising knowledge of cultures, and an evolving range of skills for living and working among others with other worldviews and ways of life.

## Course Competencies

### 1. **Identify resources to help enhance connections and support educational success in healthcare fields. (Module I)**

#### Learning Objectives

Obtain connections that will provide a link to resources in health care facilities and enable networking opportunities with healthcare providers.

Identify faculty that will teach courses in their educational program and understand the role each faculty may play in their studies and goals.

### 2. **Describe workplace behaviors needed to effectively work in a variety of healthcare settings. (Module I)**

#### Learning Objectives

Describe expectations employers have of healthcare workers in terms of responsibility, standards of dress, and workplace conduct.

Using a problem solving process applied to healthcare situations, describe how to establish positive behaviors for success in healthcare.

### 3. **Explain process of preparing application materials and engaging in the job search process. (Module I)**

#### Learning Objectives

Prepare a resume and cover letter specific to healthcare occupations.

Conduct a job search in chosen healthcare field.

Discuss steps to develop good interviewing skills and presentation.

### 4. **Evaluate and understand how healthcare workers affect the quality of health care. (Module I)**

#### Learning Objectives

Identify quality issues in healthcare facilities and the impact on healthcare workers and delivery of care.

Discuss ways healthcare workers can balance their work and personal life to maintain personal wellness and be most productive in healthcare positions.

### 5. **Discuss common healthcare risks. (Module I)**

#### Learning Objectives

Discuss bloodborne pathogens and how the risk of exposure can be reduced.

Understand the actions that a healthcare professional should take if a fire breaks out in a setting with patients.

Examine how ergonomics help to reduce the risk of pain and injuries for healthcare workers.

Discuss how to reduce the risk of infections.

### 6. **Identify how basic health needs and challenges influence the relationship between healthcare workers and clients. (Module II)**

#### Learning Objectives

Describe the major stages of human development and the basic health needs of humans.

Explain how different diseases can influence the functioning, behaviors, and attitudes of individuals.

### 7. **Describe how various personal factors of clients and their families impact healthcare. (Module II)**

#### Learning Objectives

Describe the types of emotional, spiritual, and social needs of clients and their families.

Describe the needs of clients of different age groups and how those needs can affect behaviors and attitudes.

### 8. **Explain ways to enhance sensitivity in healthcare that affect quality of care. (Module II)**

#### Learning Objectives

Using a problem-solving process applied to healthcare situations, describe how healthcare workers can be aware and sensitive to their clients' needs.

Describe selected client service strategies and their impact on quality client care.

Correlate sensitivity and strategies, identifying the influence of sensitivity on quality of care.

**9. Describe strategies for effectively working with diverse clients and staff in healthcare settings. (Module II)**

**Learning Objectives**

Explain the belief systems and practices of diverse cultures.

Identify the benefits of diversity and how awareness creates a positive healthcare environment and experience.

Using a problem-solving process applied to healthcare situations, create a framework for how healthcare workers can proactively work to respect client and staff diversity.

**10. Explain healthcare workplace expectations in terms of respecting client and staff diversity. (Module II)**

**Learning Objectives**

Explore personal responsibility as a healthcare worker to treat each person as an individual.

Discuss appropriate behavior skills healthcare workers need to interact with team members and clients of diverse culture, nationality, race, gender, and/or physical ability.

**11. Identify the elements of effective communication between and among healthcare workers and their clients. (Module III)**

**Learning Objectives**

Describe the components of verbal and non-verbal communication.

Identify healthcare situations in which both verbal and non-verbal communication skills can be effectively used.

Explain how listening skills can improve client and team communication.

**12. Develop effective communication skills to support quality client care in healthcare facilities. (Module III)**

**Learning Objectives**

Explain the components of accurate and appropriate written communication.

Practice written communication specific to a healthcare setting to develop skills.

Use a variety of communication techniques to achieve effective interpersonal and team communication.

**13. Explain how to use effective communication during challenging situations. (Module III)**

**Learning Objectives**

Describe how communication influences healthcare interactions both negatively and positively.

Identify what communication skills are especially important when managing conflict.

Discuss how communication skills factor into any problem-solving process.

**14. Describe the dimensions of values as they impact healthcare. (Module IV)**

**Learning Objectives**

Discuss the importance of values.

Identify key values in healthcare.

Discuss how professional values impact performance and behavior.

**15. Describe basic principles of professional relationships. (Module IV)**

**Learning Objectives**

Define professional boundaries.

Identify elements of professional relationships.

Explain why boundary violations occur and how to prevent them.

**16. Describe aspects of ethical decision-making in healthcare. (Module IV)**

**Learning Objectives**

Define the Code of Ethics.

Identify steps/framework for ethical decision-making.

Discuss the difference between legal "guidelines" and ethical decision-making.

**17. Explain the laws related to healthcare and their influence on the delivery system. (Module IV)**

**Learning Objectives**

Define common legal terms.

Name the federal laws related to healthcare.

Discuss Minnesota state laws that relate to healthcare.

**18. Describe one's legal responsibility related to abuse, neglect, exploitation, and the Vulnerable Adults Act. (Module IV)**

**Learning Objectives**

Define abuse and the types of abuse.

Define neglect and exploitation.

Identify federal and state laws protecting vulnerable persons.

Explain the legal responsibilities of individuals and healthcare facilities if abuse or neglect is suspected.