



South Central College

HCTC 1886 Nursing Assistant

Course Outcome Summary

Course Information

Description	This 4 credit course meets federal and state criteria for eligibility to take the state test to become a NA,R/HHA. It introduces concepts of basic human needs, the health/illness continuum and focuses on preparing the student to safely perform basic nursing skills needed to function as a Nursing Assistant or Home Health Aide. (Prerequisites: None)
Total Credits	4
Total Hours	96

Types of Instruction

Instruction Type	Credits/Hours
Lecture	2/32
Lab	1.25/40
Clinical	0.75/24

Pre/Corequisites

None

Institutional Core Competencies

Communication - Students will be able to demonstrate appropriate and effective interactions with others to achieve their personal, academic, and professional objectives.

Critical and Creative Thinking - Students will be able to demonstrate purposeful thinking with the goal of using a creative process for developing and building upon ideas and/or the goal of using a critical process for the analyzing and evaluating of ideas.

Course Competencies

1. Describe health care worker's role and responsibilities.

Learning Objectives

- Describe legal issues.
- Describe ethical issues.
- Describe personal qualifications.

2. Describe infection control techniques.

Learning Objectives

Demonstrate standard precautions.
Demonstrate infection control techniques.
Describe communicable disease care.
Demonstrate knowledge of isolation techniques.

3. Identify Bill of Rights.

Learning Objectives

Identify citizenship rights.
Describe health care worker's role in maintaining client's rights and dignity.
Identify basic human needs.

4. Identify Vulnerable Adult.

Learning Objectives

Describe abuse.
Explain the health care worker's role in abuse.
Identify persons at risk for abuse.
Identify knowledge of abuse prevention.

5. Describe safety precautions.

Learning Objectives

Explain worker safety.
Describe safety related to the client.
Demonstrate proper techniques for client transfers.
Demonstrate safe positioning of clients.
Describe restraint use.
Identify methods to reduce or eliminate restraints.

6. Identify emergency situations/actions.

Learning Objectives

Identify emergency health situations.
Identify actions to take in emergency situations.
Identify emergency situations at the home.
Describe emergency situations at a health care facility.

7. Describe communication techniques.

Learning Objectives

Identify verbal and nonverbal communication.
Describe the health care worker's role in reporting.
Demonstrate knowledge of documentation.
Demonstrate understanding of confidentiality.

8. Demonstrate Activities of Daily Living (ADL) techniques.

Learning Objectives

Demonstrate proper client care techniques.
Identify basic human needs.
Describe the health care worker's responsibilities for meeting the client's needs.

9. Describe dementia and mental illness care.

Learning Objectives

Identify coping mechanisms.
Describe behavior modification techniques.
List methods to assist persons with dementia or mental illness.

10. Describe nutrition.

Learning Objectives

Demonstrate methods to assist persons with nutritional intake.
Identify safety with feeding techniques.

Demonstrate knowledge of risks related to feeding issues.
Describe responsibilities with meal preparation.
Demonstrate knowledge of intake and output.
Identify safe food handling and storage.

11. Demonstrate knowledge of correct measurement techniques

Learning Objectives

Demonstrate measurement of vital signs.
Describe reporting of measurement.
Demonstrate weight/height measurement.

12. Identify psycho-social needs

Learning Objectives

Identify spiritual needs.
Identify psychological needs.
Identify social needs.
Demonstrate knowledge of the health care worker's role in assisting clients to meet their psycho-social needs.

SCC Accessibility Statement

South Central College strives to make all learning experiences as accessible as possible. If you have a disability and need accommodations for access to this class, contact the Academic Support Center to request and discuss accommodations. North Mankato: Room B-132, (507) 389-7222; Faribault: Room A-116, (507) 332-7222.

Additional information and forms can be found at: www.southcentral.edu/disability

This material can be made available in alternative formats by contacting the Academic Support Center at 507-389-7222.