



South Central College

## HLTH 1950 CPR

### Course Outcome Summary

#### Course Information

<b>Description</b>	This course covers the skills of infant, child and adult single and two rescue CPR as well as relief of foreign body airway obstruction procedures for infant, child and adult. Automated external defibrillators, bag-valve-masks and pocket masks are also used. Signs and symptoms of vascular disease are discussed. This meets the current criteria of the American Heart Association guidelines. (Prerequisites: None)
<b>Total Credits</b>	1
<b>Total Hours</b>	16

#### Types of Instruction

Instruction Type	Credits/Hours
Lecture	1/16

#### Pre/Corequisites

None

#### Institutional Core Competencies

Communication - Students will be able to demonstrate appropriate and effective interactions with others to achieve their personal, academic, and professional objectives.

#### Course Competencies

**1. Operate an automated external defibrillator**

**Learning Objectives**

Determine need for an AED  
Apply an AED to a "patient"

**2. Perform adult, child and infant single and two rescue CPR**

**Learning Objectives**

Recognize cardiac arrest in an adult and perform adult CPR according to current American Heart Association standards  
Recognize cardiac arrest in a child and perform CPR on a child according to current American Heart Association standards  
Recognize cardiac arrest in infant and perform infant CPR according to current American Heart Association standards

**3. Perform relief of foreign body airway obstruction for conscious and unconscious adults, children and infants**

**Learning Objectives**

Recognize victim is choking

Unobstruct victim's airway according to current American Heart Association standards

**4. Demonstrate recovery position**

**Learning Objectives**

Recognize when it is appropriate to employ recovery position

Place victim in recovery position

**5. Demonstrate use of bag-valve-mask and barrier devices**

**Learning Objectives**

Inflate chest of manikin to see chest rise using bag-valve mask

Inflate chest of manikin using a pocket mask

**6. List signs/symptoms of heart attack and the risk factors for heart disease**

**Learning Objectives**

Recite common signs/symptoms of heart attack

Recite risk factors for heart disease

**SCC Accessibility Statement**

South Central College strives to make all learning experiences as accessible as possible. If you have a disability and need accommodations for access to this class, contact the Academic Support Center to request and discuss accommodations. North Mankato: Room B-132, (507) 389-7222; Faribault: Room A-116, (507) 332-7222.

Additional information and forms can be found at: [www.southcentral.edu/disability](http://www.southcentral.edu/disability)

This material can be made available in alternative formats by contacting the Academic Support Center at 507-389-7222.