



South Central College

NURS 1110 Foundation of Nursing

Common Course Outline

Course Information

Description	This course introduces the student to the basic concepts in nursing. Students will discuss the role of the LPN as it relates to the nursing process and professionalism. Communication strategies will be applied for communication techniques, standardized communication, and documentation methods. Students will discuss cultural influences in health care. Legal and ethical aspects related to nursing will be discussed. Physical comfort, safety concerns, and nutrition are identified for health promotion using evidence-based practice concepts. Physical and psychological disorders in the elderly population are explained. (Prerequisites: Acceptance into Nursing Program is required in order to register for Nursing Courses)
Total Credits	2
Total Hours	32

Types of Instruction

Instruction Type	Credits/Hours
Lecture	2/32

Pre/Corequisites

Prerequisite Acceptance into Nursing Program is required in order to register for Nursing Courses

Institutional Core Competencies

Civic Engagement and Social Responsibility - Students will be able to demonstrate the ability to engage in the social responsibilities expected of a community member.

Communication - Students will be able to demonstrate appropriate and effective interactions with others to achieve their personal, academic, and professional objectives.

Critical and Creative Thinking - Students will be able to demonstrate purposeful thinking with the goal of using a creative process for developing and building upon ideas and/or the goal of using a critical process for the analyzing and evaluating of ideas.

Cultural Competence - Students will be able to demonstrate an attitude of personal curiosity, a rising knowledge of cultures, and an evolving range of skills for living and working among others with other worldviews and ways of life.

Program Student Learning Outcomes

Human Flourishing - The graduate will provide age appropriate patient centered care while working with the

interdisciplinary health care team.

Nursing Judgment - The graduate will prioritize care for safe nursing practice.

Professional Identity - The graduate will function according to the LPN scope of practice following legal and ethical principles within the healthcare team.

Spirit of Inquiry - The graduate will utilize best practice standards and information technology to enhance patient care outcomes.

Course Competencies

1. Discuss concepts for professionalism.

Linked Institutional Core Competencies

Communication - Students will be able to demonstrate appropriate and effective interactions with others to achieve their personal, academic, and professional objectives.

Linked Program Student Learning Outcomes

Professional Identity - The graduate will function according to the LPN scope of practice following legal and ethical principles within the healthcare team.

Learning Objectives

Define the different roles and practice levels for the nurse.

Discuss the Nurse Practice Act.

Describe the LPN and RN scope of practices according to the Nurse Practice Act.

Discuss concepts for nursing practice as it relates to ethics and confidentiality (ex. American Nurses Association Code of Ethics).

Describe client advocacy and informed consent for advanced directives, "code status", and organ donation.

Discuss concepts for nursing practice as it relates to the law.

2. Describe the LPN scope of practice with utilization of the nursing process.

Linked Institutional Core Competencies

Communication - Students will be able to demonstrate appropriate and effective interactions with others to achieve their personal, academic, and professional objectives.

Linked Program Student Learning Outcomes

Professional Identity - The graduate will function according to the LPN scope of practice following legal and ethical principles within the healthcare team.

Learning Objectives

Define the five steps of the nursing process.

Describe focused assessment as it relates to client data collection.

Discuss the LPN role in the application of the nursing process.

Provide patient education information according to the plan of care

Follow the plan of care for the client, as outlined by the registered nurse.

3. Discuss use of evidence-based concepts to guide practice.

Linked Institutional Core Competencies

Civic Engagement and Social Responsibility - Students will be able to demonstrate the ability to engage in the social responsibilities expected of a community member.

Linked Program Student Learning Outcomes

Spirit of Inquiry - The graduate will utilize best practice standards and information technology to enhance patient care outcomes.

Learning Objectives

Describe health promotion, health maintenance, and illness prevention for client care.

Explain Maslow's hierarchy of needs to client care.

Discuss the importance of nursing research for practice (ex. Watson's Theory of Caring).

Define quality improvement in terms of promoting best practice and standard of care.

4. Apply various communication strategies and techniques, including documentation in providing

client care.

Linked Institutional Core Competencies

Cultural Competence - Students will be able to demonstrate an attitude of personal curiosity, a rising knowledge of cultures, and an evolving range of skills for living and working among others with other worldviews and ways of life.

Linked Program Student Learning Outcomes

Spirit of Inquiry - The graduate will utilize best practice standards and information technology to enhance patient care outcomes.

Learning Objectives

Define effective and non-effective communication techniques.

Identify communication needs for clients with delirium and sensory loss.

Discuss the importance of clear instructions when assigning tasks to unlicensed assistive personnel.

Discuss the process in sharing client information for referrals, transfers, and discharges.

Define the important aspects of standardized reporting (ex. National Safety Goals and use of SBAR format).

Explain various documentation methods related to clear communication for client care.

5. Identify basic nutritional needs for health promotion.

Linked Institutional Core Competencies

Critical and Creative Thinking - Students will be able to demonstrate purposeful thinking with the goal of using a creative process for developing and building upon ideas and/or the goal of using a critical process for the analyzing and evaluating of ideas.

Linked Program Student Learning Outcomes

Nursing Judgment - The graduate will prioritize care for safe nursing practice.

Learning Objectives

Identify concepts of nutrition and diet therapy.

Identify necessary nutrients to health such, as vitamins and minerals.

Describe the daily requirements related to proteins, carbohydrates, and fats in client's diet.

Describe nutritional needs for tissue repair.

6. Identify methods for promoting physical comfort and safety.

Linked Institutional Core Competencies

Critical and Creative Thinking - Students will be able to demonstrate purposeful thinking with the goal of using a creative process for developing and building upon ideas and/or the goal of using a critical process for the analyzing and evaluating of ideas.

Linked Program Student Learning Outcomes

Nursing Judgment - The graduate will prioritize care for safe nursing practice.

Learning Objectives

Explain pain theories.

Identify data collection for the client in pain.

Discuss non-pharmacological nursing interventions for the client in pain (ex. music, thermal therapy).

Discuss concepts of sleep and rest.

Identify factors that may interfere with sleep and rest.

Discuss safety issues associated with client care.

7. Describe cultural influences on health and illness.

Linked Institutional Core Competencies

Cultural Competence - Students will be able to demonstrate an attitude of personal curiosity, a rising knowledge of cultures, and an evolving range of skills for living and working among others with other worldviews and ways of life.

Linked Program Student Learning Outcomes

Human Flourishing - The graduate will provide age appropriate patient centered care while working with the interdisciplinary health care team.

Learning Objectives

Define cultural sensitivity in the care of a client.

Discuss the importance of respect of cultural background and practices of client.
Identify adjustments in care with consideration of client cultural beliefs.
Discuss impact of communication barriers and risk for safe care.
Discuss resources to advocate for client needs (ex. use of interpreters).

8. Explain the aging process and implications for nursing practice.

Linked Program Student Learning Outcomes

Nursing Judgment - The graduate will prioritize care for safe nursing practice.

Learning Objectives

Define physical and psychological alterations of the older adult.
Describe health resources for health promotion and maintenance in the older adult population.
Describe sensory/perceptual alterations in the aging adult.
Discuss issues of abuse and neglect in the aging adult (ex. vulnerable adult).
Identify client end-of-life needs including financial, fear, loss of control, and role changes.
Define the five stages of death and dying, grief, and loss.
Identify client's ability to cope with end-of-life interventions and decisions.