



South Central College

# NURS 1610 Psychosocial Nursing

## Common Course Outline

### Course Information

<b>Description</b>	This course introduces students to concepts in mental health and mental illness. The impact of culture and value systems on mental health is identified. Treatments discussed include medication and behavior therapy, crisis intervention, and group therapy. Appropriate nursing interventions for clients exhibiting maladaptive behaviors will be discussed. Clinical experience is included to reinforce theoretical concepts and quality client care. (Prerequisites: Successfully complete all Semester 1 Courses in order to advance to Semester 2 Courses)
<b>Total Credits</b>	2
<b>Total Hours</b>	40

### Types of Instruction

Instruction Type	Credits/Hours
Lecture	1.5 Credits / 24 Hours
Laboratory/Clinical	0.5 Credits / 16 Hours

### Pre/Corequisites

Prerequisite	Successfully complete all Semester 1 Courses in order to advance to Semester 2 Courses
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### Program Student Learning Outcomes

Human Flourishing - The graduate will provide age appropriate patient centered care while working with the interdisciplinary health care team.

Nursing Judgment - The graduate will prioritize care for safe nursing practice.

Professional Identity - The graduate will function according to the LPN scope of practice following legal and ethical principles within the healthcare team.

Spirit of Inquiry - The graduate will utilize best practice standards and information technology to enhance patient care outcomes.

### Course Competencies

1. **Discover the role and responsibilities of mental health/psychiatric nurses to other areas of nursing.**

### **Linked Program Student Learning Outcomes**

Professional Identity - The graduate will function according to the LPN scope of practice following legal and ethical principles within the healthcare team.

#### **Learning Objectives**

Identify major trends in mental health nursing and settings for treatment.

Describe the standards of practice of psychiatric and mental health nursing.

Discuss legal issues that may arise during mental health treatment (ex. patient's right to receive treatment, patient's right to refuse treatment, and patient's right to informed consent).

Determine the role of the LPN during the mental health clinical experience.

## **2. Explore factors that can affect mental health and mental illness.**

### **Linked Program Student Learning Outcomes**

Human Flourishing - The graduate will provide age appropriate patient centered care while working with the interdisciplinary health care team.

Nursing Judgment - The graduate will prioritize care for safe nursing practice.

#### **Learning Objectives**

Identify the mental health continuum.

Discuss factors influencing mental health.

Discuss how age, ethnicity, gender, education, culture, and belief system can affect developing, experiencing, and recovering from psychiatric disorders.

## **3. Examine a variety of mental health disorders.**

### **Linked Program Student Learning Outcomes**

Nursing Judgment - The graduate will prioritize care for safe nursing practice.

#### **Learning Objectives**

Describe client appearance, thought processes, and psychomotor behavior (ex. depression, anxiety, physical abuse, chemical abuse).

Discuss behaviors of client with personality disorders.

Describe risk factors for suicidal thinking.

Describe the progression of symptoms of schizophrenia.

Discuss reporting of pertinent client behaviors or statements.

## **4. Examine principles of psychotherapy theories and treatment.**

### **Linked Program Student Learning Outcomes**

Nursing Judgment - The graduate will prioritize care for safe nursing practice.

#### **Learning Objectives**

Explain the use of theories of personality development as a basis for current psychotherapy.

Discuss group and individual therapy as a method for coping and making behavior changes.

Discuss nursing management in human abuse/violence situations.

Describe common psychotropic drugs and effects for individual therapy.

Discuss education materials for behavioral disorders.

## **5. Determine mental health community resources.**

### **Linked Program Student Learning Outcomes**

Nursing Judgment - The graduate will prioritize care for safe nursing practice.

#### **Learning Objectives**

Identify community resources for the chronically and/or homeless mentally ill.

Discuss barriers to mental health treatment in the community setting.

Discuss the continuum of psychiatric care from the acute care setting to the community setting.

## **6. Apply concepts for therapeutic communication while maintaining confidentiality for clients experiencing a mental health disorder.**

### **Linked Program Student Learning Outcomes**

Human Flourishing - The graduate will provide age appropriate patient centered care while working with the interdisciplinary health care team.

Spirit of Inquiry - The graduate will utilize best practice standards and information technology to enhance patient care outcomes.

### **Learning Objectives**

Provide client privacy and maintain client confidentiality.

Describe the goals of the therapeutic nurse-client relationship (ex. setting boundaries, effective communication, awareness of nurse-patient relationship).

Recognize signs and symptoms of effective and ineffective coping.

Identify factors that can interfere with the nurse's ability to develop a therapeutic relationship with a client experiencing a mental health disorder.

Describe ways to assist client with achieving self-control of behavior (ex. contract, behavior modification).

## **7. Relate factors that support quality of care for the client with mental illness.**

### **Linked Program Student Learning Outcomes**

Professional Identity - The graduate will function according to the LPN scope of practice following legal and ethical principles within the healthcare team.

### **Learning Objectives**

Identify areas for improvement during the mental health clinical experience.

Describe reliable resources that support treatment for the client with mental disorders.

Discuss the ramifications associated with accurate documentation of observations, interventions, and client response.