



South Central College

NURS 2240 Semester 1 Fundamental Concepts

Common Course Outline

Course Information

Description	This course introduces the student to the basic concepts in nursing. Topics include: nursing process, critical thinking, communication, cultural competence, professionalism, the multi-disciplinary team, scope of practice, nutritional concepts, and legal and ethical issues. (Prerequisites: Acceptance into Nursing Program is required in order to register for Nursing Courses)
Total Credits	2
Total Hours	32

Types of Instruction

Instruction Type	Credits/Hours
Lecture	2/32

Pre/Corequisites

Prerequisite Acceptance into Nursing Program is required in order to register for Nursing Courses

Institutional Core Competencies

Civic Engagement and Social Responsibility - Students will be able to demonstrate the ability to engage in the social responsibilities expected of a community member.

Communication - Students will be able to demonstrate appropriate and effective interactions with others to achieve their personal, academic, and professional objectives.

Critical and Creative Thinking - Students will be able to demonstrate purposeful thinking with the goal of using a creative process for developing and building upon ideas and/or the goal of using a critical process for the analyzing and evaluating of ideas.

Cultural Competence - Students will be able to demonstrate an attitude of personal curiosity, a rising knowledge of cultures, and an evolving range of skills for living and working among others with other worldviews and ways of life.

Program Student Learning Outcomes

Human Flourishing - Demonstrate nursing care that is client centered, culturally sensitive, and based on the holistic needs of clients and families.

Nursing Judgment - Use sound nursing judgment in the provision of safe, quality care.

Professional Identity - Practice professional nursing in an ethical and legal manner that integrates integrity, accountability, leadership, teamwork and collaboration.

Spirit of Inquiry - Contribute to the management of healthcare and continued quality improvement by incorporating evidence-based practice, cost containment, and current technology.

Course Competencies

1. Identify and explain concepts of health.

Linked Program Student Learning Outcomes

Nursing Judgment - Use sound nursing judgment in the provision of safe, quality care.

Linked External Standards

Safety. "Minimizes risk of harm to patients and providers through both system effectiveness and individual performance."

Learning Objectives

Describe the illness-wellness continuum.

Describe Maslow's Hierarchy of needs as related to client needs.

Define human flourishing as related to patient centered care.

Recognize client's right to refuse care and/or treatments.

Identify the healthcare needs of older adults in terms of chronic illnesses, accidental injuries and acute care needs.

Discuss health promotion and disease prevention.

Discuss the purpose of Healthy People 2020 and specific goals for improving health care.

2. Discuss meaning of professional identity for nurses.

Linked Program Student Learning Outcomes

Professional Identity - Practice professional nursing in an ethical and legal manner that integrates integrity, accountability, leadership, teamwork and collaboration.

Linked External Standards

Teamwork and Collaboration. "Function effectively within nursing and inter-professional teams, fostering open communication, mutual respect and shared decision-making to achieve quality patient care."

Learning Objectives

Define nursing today.

Discuss the roles of the registered nurse in various health care settings (ex. educator, leader, care coordinator).

Describe the nurse's role in promoting health of older adults.

Discuss the roles of other health care members in other disciplines in providing patient care.

3. Discover the steps of the nursing process.

Linked Program Student Learning Outcomes

Nursing Judgment - Use sound nursing judgment in the provision of safe, quality care.

Linked External Standards

Safety. "Minimizes risk of harm to patients and providers through both system effectiveness and individual performance."

Learning Objectives

Define objective and subjective data.

Describe the purpose of nursing observation, interview, and physical assessment.

Describe how patient goals/expected outcomes are nursing orders, derived from nursing diagnoses.

Describe the purpose and benefits of outcome identification and planning.

Discuss interventions that are nurse initiated, physician initiated, and collaborative.

Write a plan of nursing care with properly constructed outcomes and related nursing interventions.

Describe evaluation, its purpose, and its relation to the other steps in the nursing process.

4. Discuss nursing judgment concepts including evidence based practice.

Linked Program Student Learning Outcomes

Nursing Judgment - Use sound nursing judgment in the provision of safe, quality care.

Spirit of Inquiry - Contribute to the management of healthcare and continued quality improvement by incorporating evidence-based practice, cost containment, and current technology.

Linked External Standards

Informatics. "Use information and technology to communicate, manage knowledge, mitigate error, and support decision making."

Evidence-based Practice (EBP). "Integrate best current evidence with clinical expertise and patient/family preferences and values for delivery of optimal health care."

Quality Improvement (QI). "Use data to monitor the outcomes of care processes and use improvement methods to design and test changes to continuously improve the quality and safety of health care systems."

Safety. "Minimizes risk of harm to patients and providers through both system effectiveness and individual performance."

Learning Objectives

Recognize importance of evidence-based practice for safe and best practice.

Summarize a published research article at a beginning level.

Identify critical thinking strategies utilized by nurses.

Discuss methods of prioritization and decision-making.

Discuss beginning teaching strategies for promoting client health and self-care (ex. learner readiness, literacy, repeat performance).

5. Discuss professional standards and ethics for the nursing profession.

Linked Program Student Learning Outcomes

Professional Identity - Practice professional nursing in an ethical and legal manner that integrates integrity, accountability, leadership, teamwork and collaboration.

Linked External Standards

Teamwork and Collaboration. "Function effectively within nursing and inter-professional teams, fostering open communication, mutual respect and shared decision-making to achieve quality patient care."

Learning Objectives

Define concept "Standard of Care" or "Standard Practice."

Review professional code of ethics nationally and for state. (ex. American Nurses Association and Minnesota Nurses Code of Ethics).

Discuss professional standards for nurses (ex. Quality and Safety Education for Nurses or National League for Nursing).

Describe medical ethics in health care (ex. Do Not Resuscitate, advanced directives).

Discuss client advocacy in ethically challenging situations (ex. end-of life nursing care).

Discuss legal aspects of client confidentiality and privacy in clinical settings.

Describe components of informed consent.

6. Describe concepts of culture, cultural sensitivity, and cultural competence.

Linked Program Student Learning Outcomes

Human Flourishing - Demonstrate nursing care that is client centered, culturally sensitive, and based on the holistic needs of clients and families.

Linked External Standards

Patient-centered Care. "Recognize the patient or designee as the source of control and full partner in providing compassionate and coordinated care based on respect for patient's preferences, values, and needs."

Learning Objectives

Describe concepts of culture, cultural sensitivity, and cultural competence.

Discuss factors in the healthcare system and in nursing that facilitate or impede culturally competent nursing care.

List strategies that the nurse could use to deliver culturally competent care.

7. Apply professional communication including written and oral.

Linked Program Student Learning Outcomes

Professional Identity - Practice professional nursing in an ethical and legal manner that integrates integrity, accountability, leadership, teamwork and collaboration.

Linked External Standards

Teamwork and Collaboration. "Function effectively within nursing and inter-professional teams, fostering open communication, mutual respect and shared decision-making to achieve quality patient care."

Learning Objectives

Describe therapeutic communication.

Distinguish techniques of therapeutic communication.

Distinguish between verbal and non-verbal communication.

List the ways a nurse communicates within the health care team (ex. hand-off reporting and documentation formats).

Discuss the standards for professional communication.

Discuss the role of documentation as professional communication for safe practice.

Demonstrate competence in use of APA format with assigned professional paperwork.

8. Discover importance of technology and informatics in the health care setting.

Linked Program Student Learning Outcomes

Spirit of Inquiry - Contribute to the management of healthcare and continued quality improvement by incorporating evidence-based practice, cost containment, and current technology.

Linked External Standards

Informatics. "Use information and technology to communicate, manage knowledge, mitigate error, and support decision making."

Evidence-based Practice (EBP). "Integrate best current evidence with clinical expertise and patient/family preferences and values for delivery of optimal health care."

Quality Improvement (QI). "Use data to monitor the outcomes of care processes and use improvement methods to design and test changes to continuously improve the quality and safety of health care systems."

Learning Objectives

Describe the advantages and disadvantages of technology in the health care setting.

Discuss credibility of online resources a nurse is likely to use.

Use electronic databases for literature retrieval to support quality care.

Discover advantages of electronic health record system for accurate client data (ex. retrieval, less reliance on memory).

Review components of electronic health record.

9. Identify basic nutritional needs for health promotion.

Linked Program Student Learning Outcomes

Nursing Judgment - Use sound nursing judgment in the provision of safe, quality care.

Linked External Standards

Safety. "Minimizes risk of harm to patients and providers through both system effectiveness and individual performance."

Learning Objectives

Identify concepts of nutrition and diet therapy.

Review necessary nutrients to health such as vitamins and minerals.

Discuss the daily requirements related to proteins, carbohydrates, and fats in client's diet.