



South Central College

## NURS 2455 Semester 3 Clinical Practice Specialty

### Common Course Outline

#### Course Information

<b>Description</b>	This course will focus on the client with specialized needs across the lifespan. Students will have the opportunity to explore the wonder of human gestation from conception to post-partum care of the newborn and mother. Pediatric nursing will be experienced in the clinical and simulation setting where theories of growth and development will be foundational in designing patient care. Family-centered care will be examined as the context of client development, response to illness and health promotion. External systems such as culture and religion will be considered as influencing client health and illness. Students will provide care for the client with complex multiple needs in the clinical setting. Concepts of mental health and illness will be explored in the clinical and simulation setting. Students will have the opportunity to observe, experience, and design nursing care for the hospitalized and community client with mental health needs. This course will also cover the characteristics of hazardous wastes and its safe handling, storage, and disposal. (Prerequisites: Successfully complete all Semester 2 Courses in order to advance to Semester 3 Courses)
<b>Total Credits</b>	3
<b>Total Hours</b>	96

#### Types of Instruction

Instruction Type	Credits/Hours
Laboratory/Clinical	3/96

#### Pre/Corequisites

Prerequisite	Successfully complete all Semester 2 Courses in order to advance to Semester 3 Courses
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#### Institutional Core Competencies

Civic Engagement and Social Responsibility - Students will be able to demonstrate the ability to engage in the social responsibilities expected of a community member.

Communication - Students will be able to demonstrate appropriate and effective interactions with others to achieve their personal, academic, and professional objectives.

Critical and Creative Thinking - Students will be able to demonstrate purposeful thinking with the goal of using a creative process for developing and building upon ideas and/or the goal of using a critical process for the analyzing and evaluating of ideas.

Cultural Competence - Students will be able to demonstrate an attitude of personal curiosity, a rising

knowledge of cultures, and an evolving range of skills for living and working among others with other worldviews and ways of life.

## **Program Student Learning Outcomes**

Human Flourishing - Demonstrate nursing care that is client centered, culturally sensitive, and based on the holistic needs of clients and families.

Nursing Judgment - Use sound nursing judgment in the provision of safe, quality care.

Professional Identity - Practice professional nursing in an ethical and legal manner that integrates integrity, accountability, leadership, teamwork and collaboration.

Spirit of Inquiry - Contribute to the management of healthcare and continued quality improvement by incorporating evidence-based practice, cost containment, and current technology.

## **Course Competencies**

### **1. Choose culturally competent care in the clinical setting.**

#### **Linked Program Student Learning Outcomes**

Human Flourishing - Demonstrate nursing care that is client centered, culturally sensitive, and based on the holistic needs of clients and families.

#### **Linked External Standards**

Patient-centered Care. "Recognize the patient or designee as the source of control and full partner in providing compassionate and coordinated care based on respect for patient's preferences, values, and needs."

#### **Learning Objectives**

Provide client-centered care across the lifespan with sensitivity and respect for the diversity of human experience.

Determine client/family values, preferences and expressed needs as part of clinical interview in a variety of settings (ex. obstetrics, pediatrics, and mental health).

Use critical thinking skills to implement and evaluate client cares in a variety of settings (ex. obstetrics, pediatrics, and mental health).

### **2. Apply clinical reasoning based on evidence based practice for specialty populations.**

#### **Linked Program Student Learning Outcomes**

Nursing Judgment - Use sound nursing judgment in the provision of safe, quality care.

#### **Linked External Standards**

Safety. "Minimizes risk of harm to patients and providers through both system effectiveness and individual performance."

#### **Learning Objectives**

Assemble client care plans, across the lifespan, utilizing the nursing process.

Design patient-care interventions utilizing critical thinking, evidence based practice, nursing theory, and the nursing process in specialty areas.

### **3. Demonstrate assessments for specialty populations.**

#### **Linked Program Student Learning Outcomes**

Nursing Judgment - Use sound nursing judgment in the provision of safe, quality care.

#### **Linked External Standards**

Safety. "Minimizes risk of harm to patients and providers through both system effectiveness and individual performance."

#### **Learning Objectives**

Create nursing care plans that address safety concerns for individual clients and families.

Perform a comprehensive physical and psycho-social health history gathering all relevant subjective and objective data, integrating cultural, spiritual, and social considerations, and the patient's perspective in the maternal/child and mental health settings.

**4. Determine priority nursing interventions for clients and families with multiple needs.**

**Linked Program Student Learning Outcomes**

Nursing Judgment - Use sound nursing judgment in the provision of safe, quality care.

**Linked External Standards**

Safety. "Minimizes risk of harm to patients and providers through both system effectiveness and individual performance."

**Learning Objectives**

Determine nursing interventions based on client-identified goals.

Give rationale for prioritization of assessments, nursing interventions, and evaluation of client responses in the maternal/child and mental health settings.

**5. Demonstrate effective communication to promote therapeutic nurse-client relationships in different health care settings.**

**Linked Program Student Learning Outcomes**

Human Flourishing - Demonstrate nursing care that is client centered, culturally sensitive, and based on the holistic needs of clients and families.

**Linked External Standards**

Patient-centered Care. "Recognize the patient or designee as the source of control and full partner in providing compassionate and coordinated care based on respect for patient's preferences, values, and needs."

**Learning Objectives**

Apply principles of therapeutic communication to promote a positive client-nurse relationship.

Demonstrate therapeutic communication techniques during pediatric client interactions.

Demonstrate therapeutic communication techniques for clients with mental health concerns.

Develop rapport and a compassionate therapeutic relationship with clients and families in the maternal/child and mental health settings.

**6. Distinguish medication safety in different health care settings.**

**Linked Program Student Learning Outcomes**

Nursing Judgment - Use sound nursing judgment in the provision of safe, quality care.

**Linked External Standards**

Safety. "Minimizes risk of harm to patients and providers through both system effectiveness and individual performance."

**Learning Objectives**

Explain correct knowledge related to medications, administration, potential adverse effects, IV compatibility, and nursing considerations (ex. psychotropic medications in mental health).

Demonstrate correct procedure for the administration of medication in the clinical setting (ex. vaccinations for pediatric populations).

**7. Determine quality improvement measures to promote and maintain health and safety.**

**Linked Program Student Learning Outcomes**

Spirit of Inquiry - Contribute to the management of healthcare and continued quality improvement by incorporating evidence-based practice, cost containment, and current technology.

**Linked External Standards**

Informatics. "Use information and technology to communicate, manage knowledge, mitigate error, and support decision making."

Evidence-based Practice (EBP). "Integrate best current evidence with clinical expertise and patient/family preferences and values for delivery of optimal health care."

Quality Improvement (QI). "Use data to monitor the outcomes of care processes and use improvement methods to design and test changes to continuously improve the quality and safety of health care systems."

**Learning Objectives**

Assess safety concerns for clients in clinical setting.

Predict guidance to preserve safety in the maternal newborn, pediatric, and mental health clients.

Identify evidence based practices for health promotion for maternal newborn, pediatric, and mental health clients

in different care settings (ex. well child visits or behavioral therapy).

**8. Distinguish legal and ethical implications and professionalism when caring for clients in specialty populations.**

**Linked Program Student Learning Outcomes**

Professional Identity - Practice professional nursing in an ethical and legal manner that integrates integrity, accountability, leadership, teamwork and collaboration.

**Linked External Standards**

Teamwork and Collaboration. "Function effectively within nursing and inter-professional teams, fostering open communication, mutual respect and shared decision-making to achieve quality patient care."

**Learning Objectives**

Anticipate ethical and legal challenges that could occur when working with vulnerable clients in specialty care settings (ex. viability of life based on gestational age).

Develop behavior that reflects integrity, responsibility and quality patient care.

**9. Use effective communication methods within the multidisciplinary team for shared decision-making.**

**Linked Program Student Learning Outcomes**

Professional Identity - Practice professional nursing in an ethical and legal manner that integrates integrity, accountability, leadership, teamwork and collaboration.

**Linked External Standards**

Teamwork and Collaboration. "Function effectively within nursing and inter-professional teams, fostering open communication, mutual respect and shared decision-making to achieve quality patient care."

**Learning Objectives**

Apply principles of effective communication to promote positive relationships with other team members in specialty care settings.

Discuss interdisciplinary members specific contributions and methods communicated in achieving mutual client goals.

Determine how shared client goals are achieved using a multidisciplinary approach.

**10. Distinguish health record management features unique to specialty populations.**

**Linked Program Student Learning Outcomes**

Spirit of Inquiry - Contribute to the management of healthcare and continued quality improvement by incorporating evidence-based practice, cost containment, and current technology.

**Linked External Standards**

Informatics. "Use information and technology to communicate, manage knowledge, mitigate error, and support decision making."

Evidence-based Practice (EBP). "Integrate best current evidence with clinical expertise and patient/family preferences and values for delivery of optimal health care."

Quality Improvement (QI). "Use data to monitor the outcomes of care processes and use improvement methods to design and test changes to continuously improve the quality and safety of health care systems."

**Learning Objectives**

Interpret and record assessment data based on client needs in specialty populations while maintaining confidentiality.

Recognize importance of data retrieval in the maternal/child and mental health settings (ex. prenatal visits or past behavioral therapies).

**11. Demonstrate patient teaching when working with clients and families in specialty populations.**

**Linked Program Student Learning Outcomes**

Human Flourishing - Demonstrate nursing care that is client centered, culturally sensitive, and based on the holistic needs of clients and families.

**Linked External Standards**

Patient-centered Care. "Recognize the patient or designee as the source of control and full partner in providing compassionate and coordinated care based on respect for patient's preferences, values, and needs."

**Learning Objectives**

Incorporate growth and development theory concepts in developing a plan of care, for specialty populations. Identify client's priority learning needs, behavioral needs, and health literacy needs to identify client education goals for specialty population.

**12. Differentiate the role and responsibilities of the registered nurse in leadership in specialty populations.****Linked Program Student Learning Outcomes**

Professional Identity - Practice professional nursing in an ethical and legal manner that integrates integrity, accountability, leadership, teamwork and collaboration.

**Linked External Standards**

Teamwork and Collaboration. "Function effectively within nursing and inter-professional teams, fostering open communication, mutual respect and shared decision-making to achieve quality patient care."

**Learning Objectives**

Identify leadership skills needed in the maternal/child and mental health settings.  
Give rationale for prioritization of care in maternal/child and mental health settings.